An Independent Newspaper

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Wynmoor INSIDER

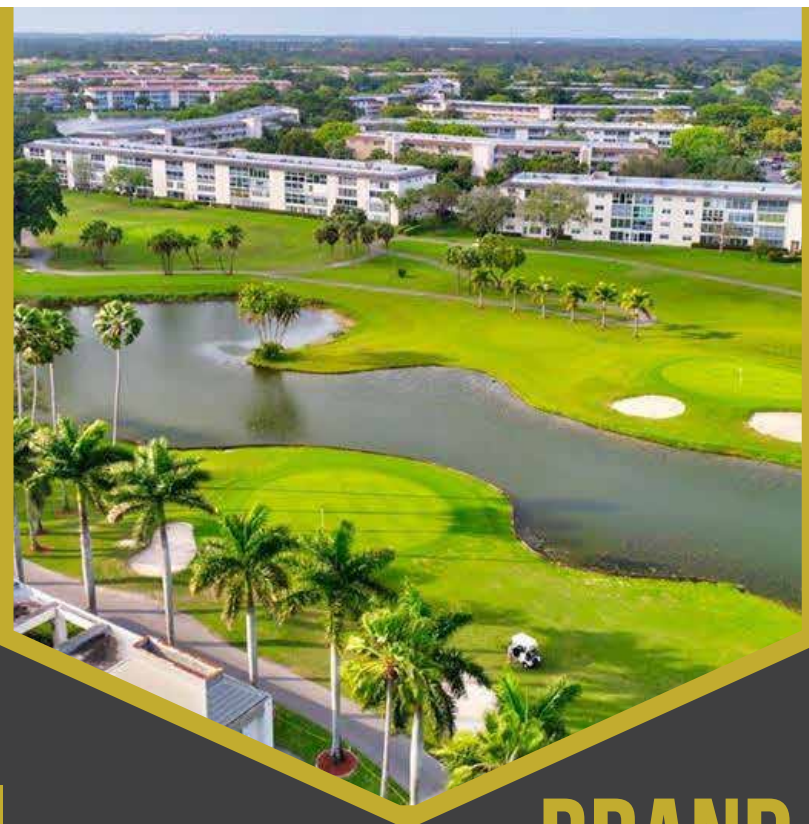
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2903 VICTORIA (REMODELED)		$ 164,500
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1601 ABACO		$ 129,000
2101 LUCAYA		$ 112,490
2901 VICTORIA		$ 103,000
2802 VICTORIA (REMODELED)		$ 172,000
2804 VICTORIA (UPDATED)		$ 164,900

PENDING/SOLD DURING LAST MONTH

1705 ANDROS (UNDER CONTRACT)		$ 332,111
1003 ABACO	SOLD	$ 200,000
2302 LUCAYA	SOLD	$ 100,000
1002 ABACO	SOLD	$ 225,000
2403 ANTIGUA	SOLD	$ 219,000
3204 PORTOFINO	SOLD	$ 260,000
1705 ANDROS	SOLD	$ 194,500
2403 ANTIGUA	SOLD	$ 194,700
2301 LUCAYA	SOLD	$ 199,000
3203 PORTOFINO	SOLD	$ 229,500
3301 ARUBA	SOLD	$ 315,000
2505 ANTIGUA	SOLD	$ 195,000
2502 ANTIGUA	SOLD	$ 192,000
2301 VICTORIA	SOLD	$ 110,500
1702 ANDROS	SOLD	$ 215,000
1003 ABACO	SOLD	$ 125,000

SEASONAL RENTALS AVAILABLE:

2903 VICTORIA	$ 3,200
2005 GRANADA	$ 3,200











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Cheryl Stein — CELEBRATING 21 YEARS AS A WYNMOOR RESIDENT

Wendy Peck — CELEBRATING 11 YEARS IN REAL ESTATE

Happy Thanksgiving

This Thanksgiving, we are especially grateful to have had the privilege of serving the Wynmoor community as a Realtor® for over 21 years. It has been a joy to help so many wonderful residents find their place to call home and to build lasting relationships along the way. Thank you for your continued trust, friendship, and support...wishing you and your loved ones a happy and blessed Thanksgiving!

Mother/Resident

Cheryl Stein

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Please keep all articles timely, according to the published date. **Articles are encouraged to be emailed to: wynmoorads@aol.com**

We reserve the right to edit or omit articles sent in for publication that do not conform to our standards. Submitted materials become the property of **Insider News Group** and will not be returned. Insider News Group is not responsible, and assumes no liability for the content expressed in any contributed material.

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ARTICLES OF INTEREST	450 Maximum

Please identify the nature of your submission on your envelope: Example: Calling All Clubs, Neighborly News, Pen to Paper, Etc.

Deadline: The 10th of each month at Noon. This applies to all articles, photos, classified ads, etc.

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SECURITY NEWS

Dispatch: 954-978-2667

For Medical and Life/Health Threatening Emergencies, Always Dial 9-1-1 FIRST!

Remember to **STOP** at **ALL Stop Signs**. The speed limit around Wynmoor Circle is 25 MPH and 15 MPH on the North Road and in the villages.

Cyclists Must Obey Traffic Laws, including the flow of traffic, obeying traffic signs and signals, observing basic rules regarding turns and lane changes.

Citations will be given out to those who violate the road rules.
First Offense: $25 Fine **Second Offense:** $50 Fine

Crime Prevention Round Table: Be informed! Know what is going on in your community! Come to the Crime Prevention Round Table, sponsored by the Coconut Creek Police Department.
Crime Prevention: 4th Thursday of each month at Grand Ballroom A - 2:30 p.m.

Your Guest List

Unit owners or tenants are responsible to call in their guests, including aides/nurses, cleaning people, personal transportation, realtors, contractors and vendors.

Make sure your guests have I.D.s ready when approaching the gate for proper verification.
They must have the NAME and ADDRESS of the resident they are visiting.

Important Numbers

For Medical Emergencies Always Dial 9-1-1

Emergency:	954-978-2663
Automated Gate Access:	954-978-2666
Security Dispatch:	954-978-2667
Resident Registration Office:	954-978-2600, ext. 321
Coconut Creek Police, Non-Emergency:	954-346-4400

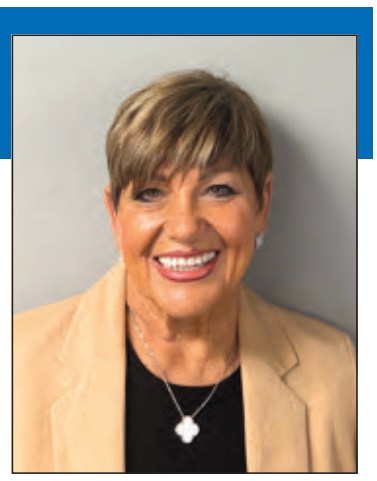
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For Information Call:	954-978-2600
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Fitness Center:	6:00 AM - 10:00 PM
Country Club:	8:00 AM - 11:00 PM
Racquet Center:	8:00 AM - 8:00 PM

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From the President



Everyone needs a helping hand from time to time. Whether you are looking for assistance for yourself, concerned about a spouse, helping a neighbor or caring for a loved one, the Area Agency on Aging of Broward County can help point you in the right direction. Residents are encouraged to learn about these valuable resources before a need becomes an emergency.

For information or assistance, call the Broward County ADRC Helpline at 954-745-9779, Monday through Friday, from 8:00 a.m. to 5:00 p.m. Address: 5300 Hiatus Road, Sunrise, FL 33351, Website: adrcbroward.org

• The Area Agency on Aging of Broward County is an important resource for older adults, their families, and caregivers who may need a little extra help navigating the challenges that can come with aging. Serving Broward County residents age 60 and older, the agency works to help seniors remain healthy, safe, independent, and connected to their community. Through its Aging & Disability Resource Center (ADRC)**, residents have a convenient place to turn when they are unsure where to begin** or what assistance may be available.

• The agency can connect residents with a wide range of programs and services, including home-delivered and community meals, transportation resources, in-home assistance, adult day care and senior centers, health and wellness programs, minor home repairs, legal assistance, Medicare counseling, long-term care resources, and assistance with certain public benefits. Support is also available for individuals living with Alzheimer's disease or other forms of dementia, as well as for the family members and caregivers who care for them.

• For those who want to remain safely in their own homes, the agency can provide information about programs offering personal care, homemaking assistance, respite care, emergency response systems, caregiver support, medical equipment and supplies, and certain home-safety improvements**.** Eligibility requirements vary by program, and some services may have waiting lists, but residents should not assume they do not qualify. A simple telephone call can help determine what assistance may be available.

• Perhaps most importantly, residents do not have to figure everything out on their own. Trained Information and Referral Specialists can listen to an individual's situation, explain available options, and connect the caller with appropriate programs and service providers. Assistance is available in English, Spanish, and Creole.

Contact Information for Broward County Seniors and Caregivers:

• **Elderly & Veterans Services Division (general information & intake)**

• **Phone:** 954-357-6622

• **Fax:** 954-357-7488

• **Email:** ElderlyandVeterans@broward.org

• **Address:** 1 North University Drive, Suite 4108B, Plantation, FL 33324

• I want our residents and their families to know about the many valuable programs and services available to support older adults. These resources can provide assistance with meals and nutrition, in-home and community-based services, housing needs, Alzheimer's and dementia support, caregiver assistance, and guidance with veterans' benefits.

• Sometimes the greatest challenge is simply knowing where to turn. I encourage you to keep this information close at hand and share it with a neighbor, friend, or family member who may need it.

• Looking out for one another is part of what makes our community a community. A little information, a little kindness, and a helping hand can make a very meaningful difference in someone's life.

• 2-1-1 Broward Touchline is a free service that offers a daily telephone call to residents who may benefit from a friendly check-in. Its mission is simple but powerful: to ensure the health, safety, and well-being of those living alone in our community. These daily calls can provide reassurance, offer helpful information, and sometimes even prevent situations from becoming emergencies, helping people remain safely in their homes and connected to the community.

The above important phone numbers, along with the additional list of information and numbers listed on page 6, are available to provide assistance, guidance, and support when needed. We encourage you to keep this information handy and share it with your friends and neighbors. Sometimes, simply knowing where to turn can make all the difference. No one should have to face life's challenges alone.

Wynmoor Community Council's Independent Audit

We were recently audited by an independent certified public accounting

Continued on page 6

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From the President

Continued from page 5

firm. The auditors issued an unqualified opinion, commonly referred to as a "clean" audit opinion. In everyday terms, this means the auditors concluded that Wynmoor's financial statements fairly present the Council's financial position and financial activity, in all material respects, in accordance with generally accepted accounting principles. A clean audit opinion provides residents with independent assurance that the Council's financial statements can be relied upon as a fair representation of its financial condition.

Don't forget to go out and vote on Tuesday, November 3, 2026!

Voting is one of the most important ways we can make our voices heard and participate in the decisions that affect our communities and our future. Every vote matters, and every voice deserves to be heard. Please take the time to participate and make your voice count.

November is also a time when we pause to honor our veterans—the courageous men and women whose service and sacrifice have helped protect the freedoms and privileges we enjoy in the United States. Many of us have family members, friends, neighbors, and teachers who have served our country with honor and distinction. Their dedication deserves far more than our gratitude on Veterans Day alone. Let us remember to thank our veterans throughout the year and never take for granted the sacrifices they and their families have made on behalf of all of us.

The holiday season is upon us, and we are looking forward to welcoming back our seasonal residents. With their return also comes a significant increase in guests and visitors throughout Wynmoor. As we all know, long lines at our entry gates can create an inconvenience for residents and guests alike, but each of us can help keep traffic moving.

You can now use our new QR Code Guest Access System for your guests' entry, or you may continue to use the automated guest-access system by calling 954-978-2666. Please remember to register your guest(s) before they arrive to help ensure a smooth and efficient entry into Wynmoor. Remind your guests to have a valid photo ID readily available as they approach the gate and to know your building and apartment number.

A little preparation can make a tremendous difference in reducing wait times, avoiding unnecessary delays, and helping our gate personnel keep traffic flowing safely and efficiently.

Thank you for your cooperation and for helping make the guest-entry process easier for everyone.

As November arrives, it brings with it several important opportunities to reflect on our responsibilities, express our gratitude, and celebrate the people and traditions that brings us together as a community.

And finally, as Thanksgiving approaches, I hope we can all take a moment to reflect on the many blessings in our lives. In the rush of our everyday routines, it can be easy to overlook the things that matter most. Thanksgiving reminds us to slow down, appreciate one another, and recognize how fortunate we are to have family, friends, neighbors, and a community that we call home.

May we carry that spirit of gratitude with us not only on Thanksgiving Day, but throughout the entire year. Treasure the people around you, appreciate the moments you share, and never take for granted the priceless gifts of friendship, family, community, and good health.

Wishing you, your family, and your loved ones a very happy, healthy, and heartfelt Thanksgiving.

GOD BLESS, and please be safe!

Jackie Bailey

IMPORTANT NUMBERS

Coconut Creek Police

Webpage — CoconutCreek.net/Police

Coconut Creek Police — (954) 973-6700
Non-Emergency Dispatch – (954) 346-4400
Victim Advocate — CoconutCreek.net/VictimsServices
(954) 973-6700

State Attorney's Office

Webpage — sao17.state.fl.us

Central Courthouse — (954) 831-6955
Juvenile Unit — (954) 831-6960
Victim Advocate Unit – (954) 765-4133

Broward County Clerk of the Court

Webpage — browardclerk.org
General Information — (954) 831-6565
Restraining Orders Central Courthouse — (954) 831-5570
Restraining Orders West Courthouse (Plantation) — (954) 831-5612

Women in Distress

Webpage — womenindistress.org
Administration & Counseling — (954) 760-9800
24-Hour Crisis Hotline — (954) 761-1133

Nancy J. Cotterman Sexual Assault Treatment Center

Webpage — broward.org/nancyjcottermancenter
Children and Adults — (954) 357-5775
Rape Crisis Hotline — (954) 761-7273
(24-Hour)

Victim Compensation

Webpage — myfloridalegal.com

Florida Attorney General's Office — (800) 226-6667

Information & Resources

Broward First Call For Help (Information and Referrals) — 211-broward.org - (954) 537-0211 or 211

National Abuse Hotline — (800) 96-ABUSE
(Children, Elderly, and Disabled)

Broward County Sheriff's Office Victim Notification Unit – (954) 321-4135
(For Suspect Custody Status)

V.I.N.E. — vinelink.com - (877) 846-3435
(Victim Information & Notification Every Day)

Broward County Guardian ad Litem (Children) — (954) 831-6214

Broward County Elderly & Veterans Services — broward.org/elderlyandveterans - (954) 357-6622

Henderson Behavioral Health — hendersonbh.org

Youth Emergency Services — (954) 677-3113
Adult Mobile Crisis and Walk-In — (954) 463-0911
Broward Addiction Recovery Center (BARC) — broward.org/addictionrecovery - (954) 357-4880

Legal Aid of Broward County — legalaid.org - (954) 765-8950

Federal Trade Commission Identity Theft Hotline — ftc.gov - (877) ID-THEFT (438-4338)

Report Abuse Hotlines

Florida Department of Children and Families — myfamilies.com

Abuse Hotline — (800) 96-ABUSE (22873)
(Children, Elderly, and Disabled)

National Child Abuse Hotline — childhelp.org
(800) 422-4453

National Domestic Abuse Hotline — thehotline.org
(800) 799-7233

The Suicide Prevention Lifeline — (800) 273-8255

Veteran's Crisis Line — (800) 273-8255

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Not what we have But what we enjoy, constitutes our abundance." -Epicurus

From the Administrator



The Diamonds We Leave Behind

Recently, I attended the funeral of Iris Goldstein. During the service, the rabbi told a story that stayed with me long after I left. It was a simple story, but one with a message worth sharing.

Once upon a time, two poor villagers set out on a journey to a distant island, hoping to find a better life. When they arrived, they discovered something extraordinary. The streets were paved with gold, and diamonds were scattered across the ground like ordinary stones.

They thought they had found paradise.

But there was a catch. On this island, gold and diamonds had absolutely no value. The currency was chicken fat. The more chicken fat you accumulated, the wealthier you became.

So, the villagers went to work. They spent their days collecting, trading, and storing chicken fat. As time passed, they became quite successful by the island's standards. They had accumulated what they believed was a fortune.

Eventually, it was time to return home.

Proud of their accomplishments, they packed up their precious chicken fat and returned to their village, convinced they were coming home wealthy men.

But when they arrived, they discovered something devastating. All the chicken fat they had worked so hard to accumulate was practically worthless. They had spent their time surrounded by gold and diamonds, yet had returned with nothing of lasting value.

And therein lies the lesson.

We spend so much of our lives pursuing what we believe is important. Money, possessions, recognition, titles, and sometimes even the satisfaction of winning an argument. We can become so consumed with accumulating our own version of chicken fat that we overlook the diamonds scattered all around us.

Those diamonds are our families, our friendships, our reputations, the kindness we show others, and the difference we make in someone's life.

After more than three decades at Wynmoor, I have had the privilege of meeting thousands of people. Some have accumulated considerable wealth. Others have lived modestly. But I have learned that the people who leave the greatest impression are not necessarily those who have the most. They are the ones who give the most of themselves.

A kind word, a helping hand, a friendship maintained, a disagreement settled, or simply taking the time to care about someone else. These are the things that have lasting value.

And perhaps there is another lesson here, particularly in a community like ours. We don't always have to agree with one another. We don't always have to get our way. Sometimes the greatest accomplishment is not winning the argument, but preserving the relationship.

Life has a way of reminding us that time is our most precious possession. Yet we often spend it chasing things that, in the end, won't matter nearly as much as we thought they would.

Iris Goldstein, a longtime resident of Bimini Village, understood something that the two villagers in the story had overlooked. She gave freely of her time to numerous organizations, volunteering her energy and efforts to help others and make this world a better place. She understood that the true value of a life is not measured by what we accumulate, but by what we contribute.

As I listened to the rabbi, I realized that the story was not really about two villagers, an island, or chicken fat. It was about the choices we make every day and what we will have to show for them when our journey is over.

So perhaps we should all ask ourselves a simple question:

Are we spending our lives collecting chicken fat while walking past the diamonds?

I left Iris Goldstein's funeral with that thought, and I suspect it will stay with me for a long time.

Iris spent her life recognizing the diamonds that truly mattered. And through her generosity, her service, and the lives she touched, she left behind something far more valuable than gold.

After all, the real measure of a life is not what we take with us, but what we leave behind.

Bruce Bandler, PCAM

Administrator, Wynmoor Community Council, Inc.





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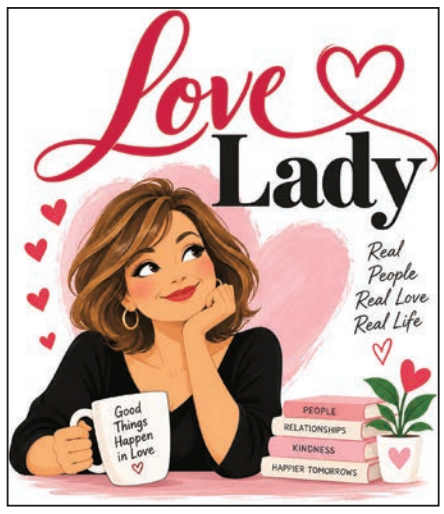
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"What's Love Got To Do With It?"

Those famous lyrics from a Tina Turner ballad seem to be the perennial question. It appears that love has a lot to do with everything we do in life. We seem to always be looking for love, and famously in all the wrong places, as the old adage goes.

Maybe, we don't really know what love should be; and therefore, we don't know what to look for? Is it possible that we have become so self-absorbed and needy with our materialistic values and lives so dependent on technological advances, such as cell phones, social media platforms and even robotic favors that we have lost some of our real direct people to people humanness? Do we have a hard time sorting through the things that really are important when we are looking for love.

It is true, that it's really hard to find that companion or "soul mate," especially for more mature people. Many things come into play that interfere with the emotional and physical feelings that we all possess. How can we get that special feeling that comes with a touch or those words that make us feel wanted and desired from another person? Where do we find it? Are we looking too hard? Some of us are lucky and do find that soulmate when we are very young and that person stays with us for many years, while others weave in and out of relationships for most of their lives.

Unfortunately, as we grow older and we change, our needs and likes change and those values color what we look for in relationships. When we are young our likes seem to revolve around physical attributes, and partying all the time with liberal sex being a part of it. Today, also unfortunately, recreational drugs seem to play a very big part of the social scene in young people's lives. One cannot dismiss also, what has happened to the many who suffer from opioid addiction and how it affects people of all ages. The attitude seems to be take life as it comes, there is a lot of time to settle down and be serious. But, as we all know, time flies by fast and then we wake up one morning and our youth has slipped away. So, here we are, in a different place emotionally, but looking for some of the same things that we wanted in those younger days. Again, how do we get them?

One of the things we have to face realistically is that we have changed physically and therefore, people that are in our social groups have also changed. As we age, we look different, we feel different, and we think differently. But that doesn't mean that we can't experience the same feelings and emotions that we did when we were younger. Our past life experiences contribute to many of the choices that we make in later life. When it comes to looking for a partner to enjoy life's adventures with us and in particular to love and care about us, we use those past experiences to evaluate what will make us the happiest at this time of our lives. Whether it becomes needs or wants, it is another topic worth discussing at a future time. Remember also, sometimes you must give to get.



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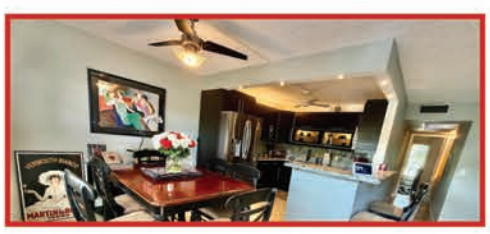
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Journaling to Relieve Stress

By Patrick Lewis Moors

A good few years ago I got involved with a railroad club located in a county park near me. They offered rides on their trains for a dollar and a half. The train is basically an inexpensive amusement park ride that earns a little money to support the members' hobby. For my part I chose to work at the station taking tickets and entertaining the kids as they awaited their turn to ride. This one Saturday I took notice of a maybe seven-year-old boy standing in the line with his mother. He appeared to have a bit of a stressed look on his face.

I moved on down the line as was my custom, catching the eyes of the children and noticing their superhero tee shirts. "Are you the real Spiderman?" I'd ask. They'd stand a little taller and crack a bit of a smile. I'd needed to be careful with my questions as there was often more than one Spiderman or Hulk. They couldn't both be the real one. They would always start in showing me the added attachments like their cape or ray gun. One little guy explained to me that he had been to and seen the stone with the sword in it. He had held it in his hands! He admitted that he wasn't strong enough to pull out the sword. I reassured him that maybe next time he'd be strong enough.

Working my way back up the line that Saturday I tended to notice that nothing had changed with the young boy waiting for the train ride. He still looked rather tense and uneasy. I could see where the next train was and knew it would shortly arrive at the station for loading. This boy and his mother were close to the front of the line, so I started a conversation with the mother. Now she seemed rather strait laced and appeared quite disinterested in everything around her. She seemed to feel like this silly train ride was well beneath her. I sort of felt that the sooner she could be over and done with all this the better.

Not knowing just where to start, I casually began explaining to this woman where the closest bathrooms were and followed it up by informing her that the building way down around the bend with a red roof served the same purpose. Well, was she beside herself!

It was certainly quite a warm day, one where tempers could easily run short. She glared straight into my face and demanded, "What business is it of yours to be concerned with our personal affairs?" Well to be honest that just rubbed me the wrong way, and I broke my normal professional character. I never let her avoid my stony stare as I said, "Ma'am, your son has a death grip on his little weasel, and if you don't do something about it, he's going wet his pants full length. So, under these conditions I will not seat him on the next train. I can't have that kind of accident affecting the other passengers."

Was she ever upset with me. She stormed out from the line, son in tow, giving many harsh criticisms to me as she went. The next train came into the station and unloaded, after which I loaded the next set of passengers. We were running three trains that day and still it seemed that the line never shortened. I never saw that mother-son team again, but I did hope that the poor little shaver found some relief, even if it was against a small bush.

It's Just a Suggestion

By Peter Hardis

I love making suggestions. It all started when I was a junior in college. That was when I suggested to my chemistry professor not to fail me. Unfortunately for me he didn't think that was such a good suggestion. Since then, no matter who I meet I find myself saying, "Excuse me, but would you mind if I made a suggestion?" In fact, whenever I pass a 'Suggestion Box' I always put a suggestion into it.

Here are just a few of the very many suggestions I made over the years that were actually adopted:

- My suggestion that airlines provide LESS leg room for their passengers.
- My suggestion that cars be allowed to make right turns on red lights.
- My suggestion to Angelina Jolie to divorce Brad Pitt.
- My suggestion to Steve Jobs to invent the 'Cell Phone'.
- My suggestion to my uncle Abe to start using a very strong mouthwash.





pen to paper

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• My suggestion to my wife to sleep in the guest bedroom.

Of course, when you make as many suggestions as I do, not all of them will be considered worthy of being adopted. Here are some of the suggestions I made that did not go over in the way I had wished they would in spite of the fact that I believe that they were all excellent suggestions:

• My suggestion to my daughter to marry within her own religion.

• My suggestion to my aunt Ida, married to my uncle Abe, start using strong mouthwash.

• My suggestion to my wife to move back into our bedroom from the guest bedroom.

I am always busing thinking up new suggestions to suggest that could be useful to individuals or to society as a whole. Here are a few that I'm proposing at this time:

• I want to suggest that anyone who is 65 or older be grandfathered in and not be required to have to learn or be required to say any names that are changed because some group or some do-gooders determined that the new names are more politically correct to use.

I find that the older I get the more difficult it is for me to learn new things.

In recent years and right under my nose all of a sudden, the cockpit became the flight deck, the pilot became my captain, the stewardess is now my flight attendant, my stockbroker has suddenly become my financial advisor, my waitress is now my server, and there are so many more.

Besides the fact that all of this is just plain nonsense. Speaking for those who are aging seniors, to be required to put this stuff into our brains at this time in our lives is cruel because it's hard enough to be able to keep what's in it already, -in it.

Another suggestion I've been working on is a suggestion that I consider to be the most important suggestion I ever suggested. I am confident when I reveal this suggestion to you, you will agree it is a monumental suggestion that must be instituted as quickly as possible:

I want to suggest that there be a law that would make it a crime for any senior, unless specifically asked to do so, to take out their phone to show and tell anyone about the pictures and or videos of their children, grandchildren, great-grandchildren, or any other human being, cat, or dog that they feel they must brag about.

By both criminalizing and adding on a prison sentence of up to 2 years in prison for this type of crime, will finally put an end to this kind of invasion of privacy which far too many self-indulgent seniors perpetrate on far too many innocent bystanders who would prefer not to be tortured beyond words in this manner.

At this point, if I am reading you correctly, and if I was to suggest to you to make a suggestion to me, I bet that your suggestion to me would be to suggest that this would be a good time to end this article about how much I love making suggestions. ***Pen to Paper continued on page 43***

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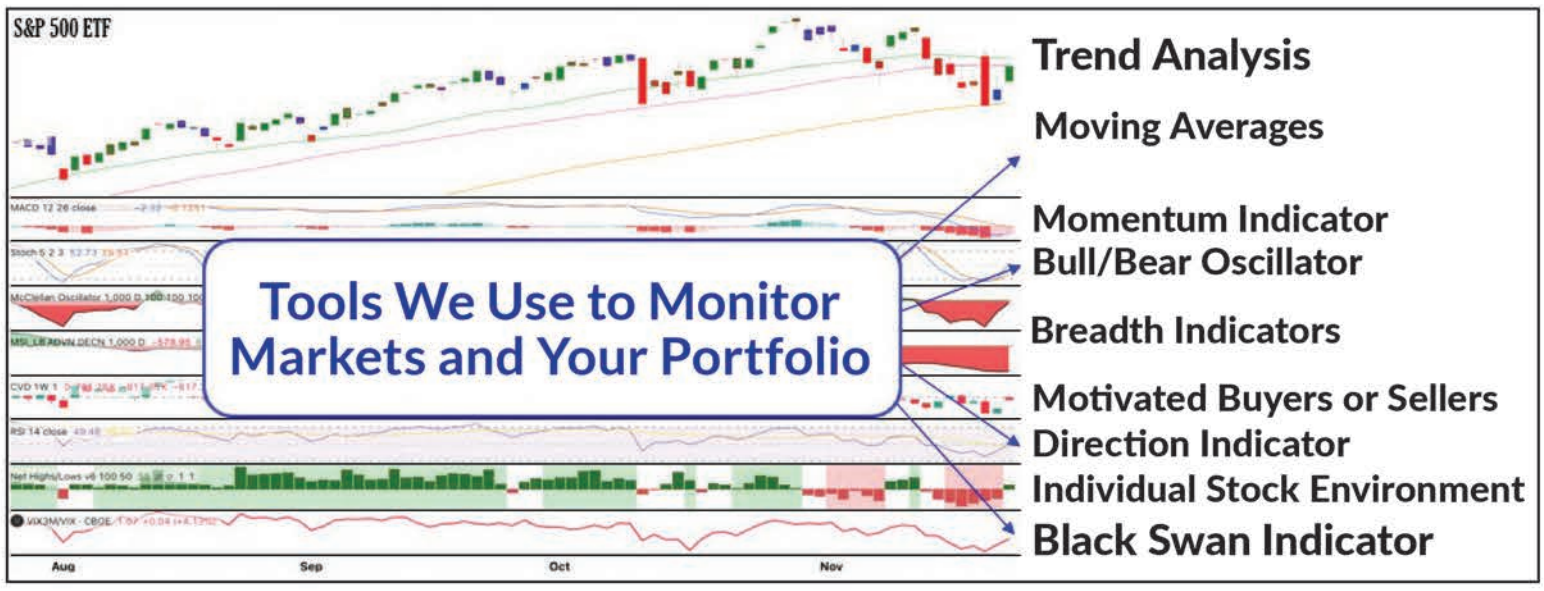
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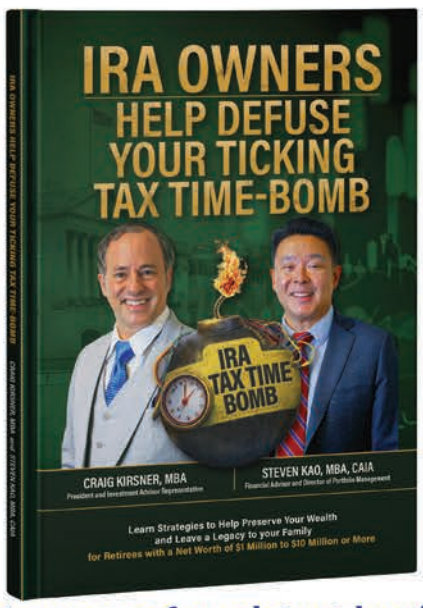
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Are You Living With, Or Worried About Someone Suffering With Chronic Back Pain?

By Leading Back Pain Expert, Todd James

Do you, or someone you love, suffer with back pain? Does the pain get worse when you stand or walk? Do you experience pain, numbness or tingling into your butt or down your leg? Do you have pain when you sit for long periods or drive? Are you afraid your pain will get worse if you don't do anything about it? Has the pain gotten so bad, that you avoid many activities that you used to enjoy?

If you are 55+ and answered **YES** to any of these questions, then please read on because I have some special information about relief of your back pain.

It's a shame so many people think their options for dealing with back pain are rest, pain killers, or maybe worse, injections or even surgery. Often these solutions are only temporary, because they don't address the true cause of your back pain, but just mask the symptoms. Others believe there is nothing that can be done, and they will just have to suffer through the pain.

If you or someone you love is experiencing back pain and are wondering if you are doing the right things for your back, I would like to offer a free guide I have created to answer those questions. In this guide, **Erasing Back Pain:** How to Avoid the 9 Most Painful Mistakes and What You Should Be Doing Instead, you will find information about what will not help ease your back pain and how to make the right choices to get you out of back pain and on the road to enjoying an active, healthy lifestyle again.

I'm Todd James, Physical Therapist and I have been helping 1000s of people 55+ over the last 2 decades find quick, natural, long lasting relief from back pain. I've put together this guide because in easing your back pain it's not just about doing the right things, but also about avoiding the wrong things. When you choose the right path, your recovery from back pain will be much more effective.

If you are currently held back from getting a good night's sleep, being able to walk with friends, getting out on the golf course, or playing with the grand-kids, I invite you to visit **www.coconutcreektherapy.com/backpain** to claim your free guide. If you prefer, give us a call at **954-972-1200** and we'll be happy to assist you.

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Iris Arlan & Lee Temares

Ah, Thanksgiving. That was the one holiday of my childhood everyone enjoyed. There were no religious traditions to follow. Everyone could participate. And, with some personal and regional variations, the foods were similar, if not the same.

Giving thanks, of course, is nothing new to us. Long before the Pilgrims sat down to their harvest feast, our ancestors celebrated Sukkot, the festival of ingathering, eating in temporary huts and blessing the fruits of the field. Some historians even suggest that the Pilgrims, steeped in the Hebrew Bible, had Sukkot in mind. Whatever the truth, Jews have been at home at the thanksgiving table wherever they have lived.

In the United States, Jews joined in from the very beginning. When President George Washington proclaimed a National Day of Thanksgiving in November 1789, Gershom Mendes Seixas, the Cantor of New York's Congregation Shearith Israel, led a special service and delivered a sermon of gratitude for the new nation. Today American Jewish families gather around the same turkey, stuffing, sweet potatoes, cranberry sauce and pumpkin pie as their neighbors, often adding a family touch: a noodle kugel beside the mashed potatoes, challah in the stuffing, or a pareve pie so the meal stays kosher. In 2013, when the first day of Chanukah fell on Thanksgiving, we even invented "Thanksgivukkah," complete with sweet potato latkes, cranberry applesauce and pumpkin sufganiyot.

Our northern neighbors celebrate earlier. Canadian Thanksgiving falls on the second Monday of October, close to Sukkot, and Jewish families in Toronto and Montreal sit down to roast turkey, squash, Brussels sprouts and pumpkin pie, sometimes followed by butter tarts. Some years the two holidays overlap, and the turkey is carried out to the sukkah.

Across Europe, harvest thanksgiving took the form of church festivals such as Germany's Erntedankfest and Britain's Harvest Festival. Jews generally stood apart from those services, but they knew the season well, and their own tables were filled with the same autumn bounty: apples, pears, root vegetables, cabbage and honey cake. Stuffed cabbage, tzimmes of carrots and prunes, and strudel full of fruit became Ashkenazi favorites at Sukkot, our own harvest thanksgiving.

Jewish communities also created thanksgiving days of their own. Called "local Purims," they marked a community's rescue from danger. The Jews of Frankfurt celebrated Purim Vintz to remember their return to the city in 1616 after the Fettmilch riots. The Jews of Cairo observed their own Purim after being spared in 1524. These days were marked with prayers of thanks, a special scroll recounting the story, and festive meals with sweets and pastries, just like Purim itself.

In Israel there is no Thanksgiving Day, but American and Canadian immigrants keep the custom alive, hunting down turkeys and cranberries in the shuk. Meanwhile, Sukkot remains the country's great harvest holiday, with sukkahs on every balcony and tables full of pomegranates, dates, figs and stuffed vegetables.

So, this November, as we pass the sweet potatoes, let us remember that gratitude is a Jewish value as old as the Torah. Wherever Jews have lived, we have found reasons to say thank you, and something good to eat while we said it. Enjoy!

Now that you have gotten food for thought let us share a little about our Temple. The Liberal Jewish Temple meets twice a month at the Centura Parc Community Ballroom. Our Services for the month of November will be held on Friday evening, November 6th and the 20th at 7:30 p.m. Come join us. After our spiritually uplifting service, we invite everyone to gather, enjoy sweet treats and connect with our welcoming Temple Family or simply the joy of community, there's always a place for you and yours at our Temple. See our Ad in this month's Insider and tap on Facebook for more details.

For information about the Temple contact our President Iris Arlan at 954-532-5268. We look forward to welcoming everyone.



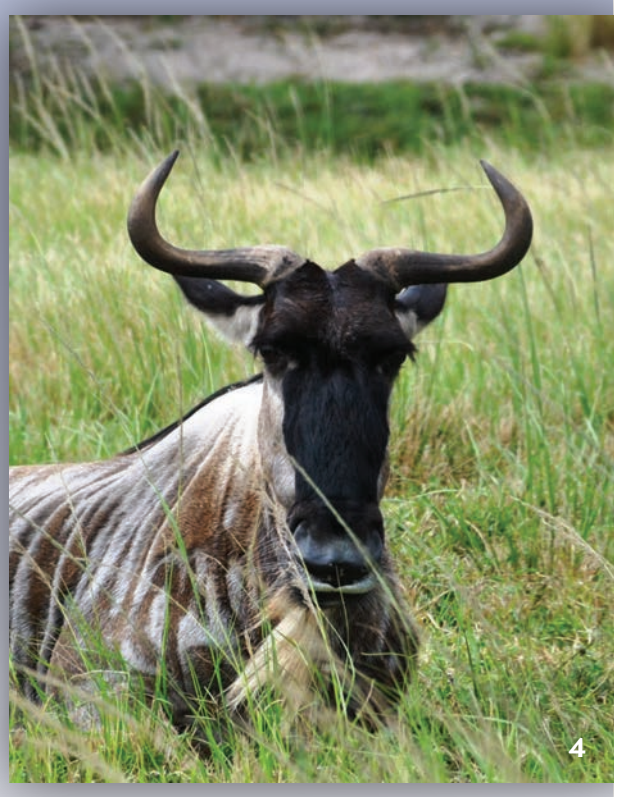


PHOTOGRAPHY CLUB

By Jennifer James


2


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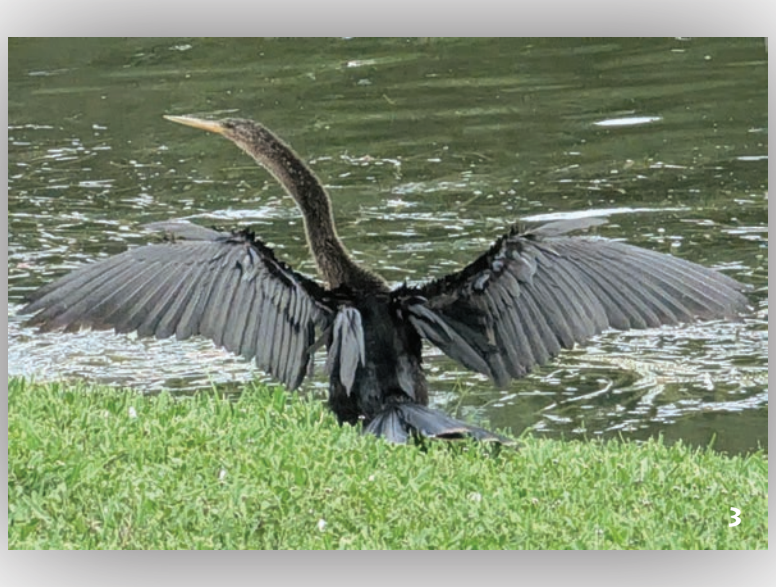
1) Murray Finkelstein - Jasper Alberta

2) Tamara Tresniowski - Peacock

3) Grace Bordwell - Anhinga at the Pond

4) Daniel Diaz - Lion Country Safari

5) Jen James - Seagull Reflection 1


3



5

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Morikami Museum and Japanese Gardens in Delray Beach, Florida

By Barry Isaac

The Morikami Museum and Japanese Gardens was created on land that George Morikami, a farmer of Japanese Heritage donated to Palm Beach County, Florida. George Morikami was part of the Yamato Colony of Japanese Farmers who cultivated pineapples, tomatoes, eggplant, string beans, and additional produce on land that today belongs to the Boca Raton Airport. The Yamato Colony existed in Palm Beach County from the early 20th Century to 1942. The Yamato Colony was created by Jo Sakai who is buried on the grounds of the Morikami Japanese Gardens. Yamato-Kan, a villa on the grounds of the Morikami Complex to my chagrin was closed the day I visited for renovation. Yamato-Kan tells the story of the Yamato Colony in greater detail.

I was impressed with the Japanese Gardens. I saw replicas of Japanese Rock Gardens representing different periods of Japanese history such as the Muramachi Period, Edo Period, etcetera. These replicas of Japanese Rock Gardens were made in the 1990's. I liked its fine collection of Bonsai Trees utilizing Tamarind, Ficus, Bald Cypress Trees in miniature forms. I saw a fine Ceramic Creation by Contemporary Japanese Artist, Jun Kaneko "Dumpling." I savored the soothing atmosphere of the Japanese Gardens.

At the minuscule museum near the entrance, I saw a fine display of Uchikake Wedding Kimonos produced in the late 20th Century made of silk and silk metallic thread. I especially relished the wedding kimonos that depicted an elderly couple and the wedding kimono that depicted cranes. Outside of the colorful wedding kimonos, I was very disappointed in the Morikami Museum. I saw very little art and I learned very little about the History of Japan.

In closing my review, the Morikami Museum and Japanese Gardens were somewhat of a disappointment.



Morikami Gardens



Morikami Bonsai Trees



Morikami Gardens Wisdom Ring





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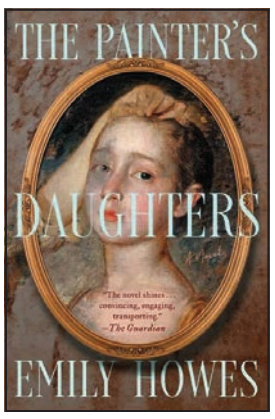
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book review

By Beatrice Horowitz

The Painter's Daughters

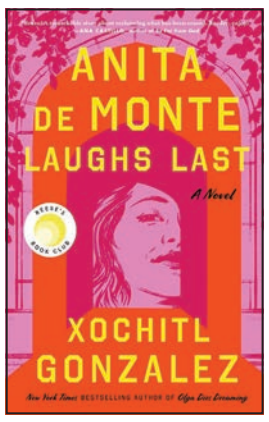
Emily Howes



The cover of this novel carries the blurb: "Beautifully written…I raced through it." -Hilary Mantel. For someone like me, who has read Ms. Mantel's Thomas Cromwell trilogy at least twice all the way through, this amounts to a commandment to read the book. I did this in blocks of forty to fifty pages every night, until I couldn't keep my eyes open. The titular daughters are Thomas Gainsborough's offspring, Molly and Peggy. The book's endnotes indicate that the author did abundant research, both on England's eighteenth-century art and society world, and on the Gainsborough family itself. That family had many secrets, which drive the plot and ultimately explain the motivations of some of the characters. It's tempting to hint at them, but I won't. Ms. Howes describes herself as a psychotherapist, completing a degree in existential psychotherapy. Ms. Mantel's skill at depicting the inner life of her main character, Thomas Cromwell, is what draws me back to her trilogy again and again. Ms. Howes abilities to do this for Peggy and Molly are part of what propelled me through this book. Plus, just finding out the secrets!

Anita De Monte Laughs Last

Xochitl Gonzales



This is the second novel by this author; the first was Olga Dies Dreaming, which won several awards and which I haven't read. Second novels are supposed to be a test of an author's staying abilities. I liked this book a lot in places and at times I grew a bit weary with it. Maybe I'm too old to be very interested in college age love. But it's not just about that. The modern American art scene, the dynamics between younger and older artists, men and women artists, and different socioeconomic and ethnic groups drive the plot line. Murder, artistic success and artistic legacy play a part in the stories of two Latina women, a decade or so apart in time. There is voodoo involved, which causes some of the funniest parts of the book. Mostly Anita and Rachel do the talking, two women with Puerto Rican roots. Occasionally Jack, the older white male artist, gets a chapter. The writing is sometimes very earnest, sometimes witty and playful. I don't think you'll be bored by this book.

Books are like imprisoned souls until someone takes them down from a shelf and frees them.
– Samuel Butler

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Happenings

To Fish or Not to Fish in the Rain?

By Paul Villano

While Gene Kelly sang and danced in the rain the debate "weather" (pun intended) to fish in the rain goes on. The famous pro-bass fisherman Roland Martin says it is a waste of time to fish in the rain. While other pros will tell you a light rain is fine if there is no threat of lightning. A recent Facebook post by a member of the Florida Peacock Bass group has a video of him holding a trophy peacock bass he caught in a torrential downpour!

While it is possible to catch fish any time of day in any kind of weather here are some common sense tips to help you catch more fish:

1. Fish early morning and late afternoon.
2. Fish on a falling barometer.
3. Ask your local bait store about places to fish and lures to use.

To learn more about both salt and freshwater fishing attend one of our club meetings this Fall. Club information can be found in the library or by emailing us at fishingclubwynmoor@yahoo.com or texting/calling Paul at 516-526-5313.



Organizing Photos in Your Cell Phones

By Paul Villano

Do you take lots of photos of friends and family, but can't find that special photograph on your phone? Are you tired of spending so much time flipping through hundreds of photos? News flash. So are the people waiting to see your granddaughter in her tutu!

Organizing your photos in albums allows you to instantly show off Grandma's brag book. It's easy to get started. Most smartphones make the process intuitive.

Open your Photos app, (the place where you find your photos) and look for a plus (+) sign or a menu option labeled "Create New Album." From there, you can select specific photos and group them by person, event, or date.

Pro Tip: If you get stuck, a quick search using your phone's make and model on YouTube will provide step-by-step video tutorials tailored to your specific phone.

Don't let your favorite photo moments get lost in the digital clutter. Once you have mastered this, invite some friends over and share your knowledge, share your photos and have some fun!

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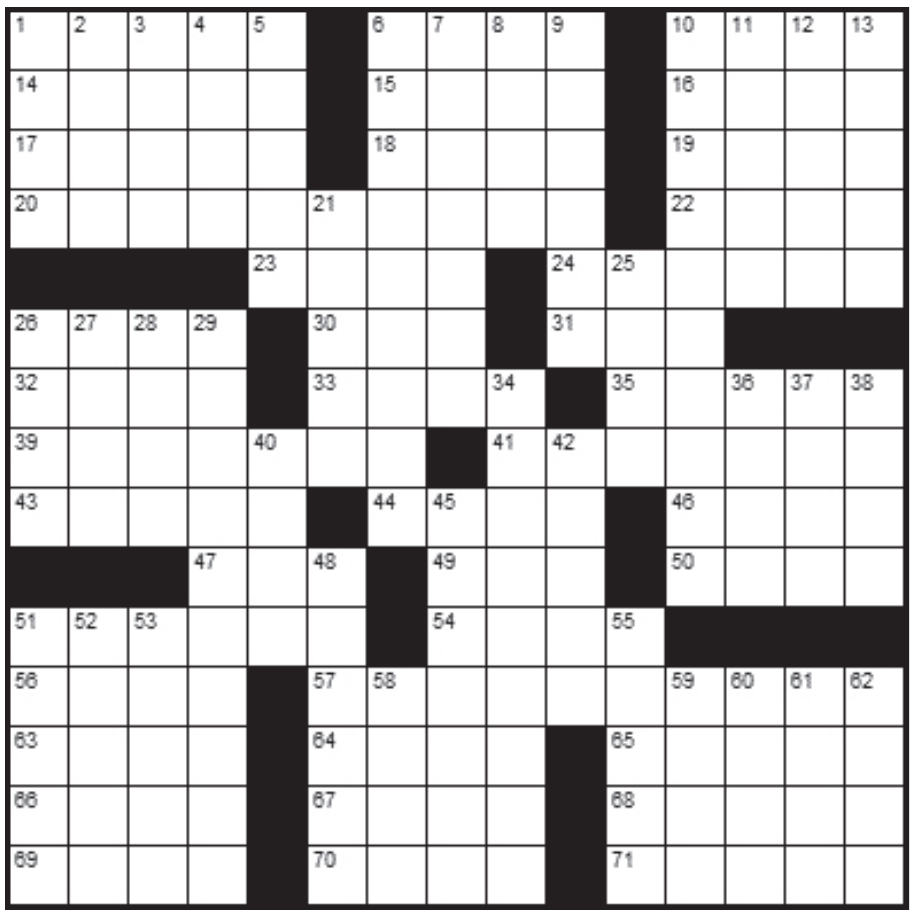
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Puzzles and Games

Solutions on page 66

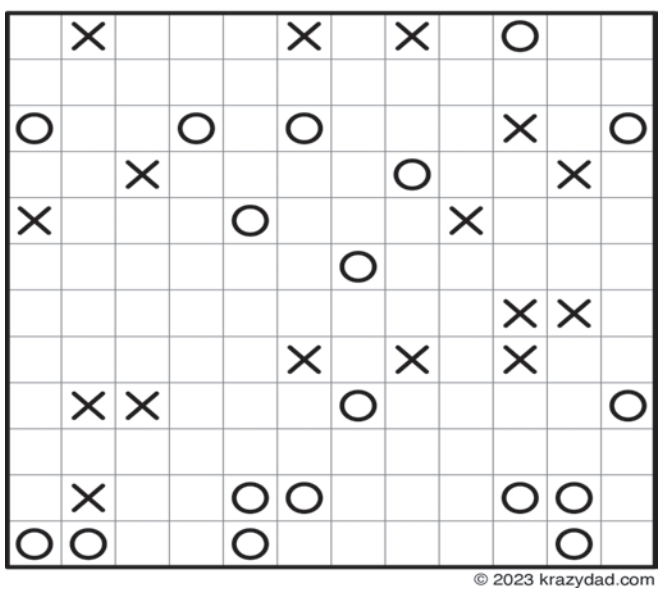
Crossword Puzzle



ACROSS
1. Ending in a piercing point
6. F F F
10. Windmill blade
14. Inn
15. Cozy spot
16. Former spouses
17. Companionless
18. Wrath
19. Encircle or bind
20. Having seven sides
22. Roof overhang
23. Feces
24. Deer horn
26. Cripple
30. Frozen water
31. Type of snake
32. Unot of land
33. Knights
35. Chasm
39. Abridge
41. Sports competitor
43. Therefore
44. Golly
46. French for "State"
47. Circle fragment
49. Employ
50. Brothers and sisters
51. Reddish brown
54. Makes lace
56. Not the guest
57. Wetting agent
63. Against
64. Winglike
65. Audio communication device
66. Six-stringed instrument
67. Lyra's brightest star
68. Muse of poetry
69. Behold, in old Rome
70. Wood-chopping tools
71. Most bad

DOWN
1. Formerly, a monarch of Iran
2. Puncture
3. At the peak of
4. Let out
5. Skirt fold
6. Compelling
7. One who establishes
8. Ancient marketplaces
9. 1st American space station
10. Carrots and peas for example
11. Lengthwise
12. Audacity
13. Aromatic compound
21. False front
25. He built the ark
26. Pulp
27. Dull pain
28. Metal used in steel
29. Moneymaking
34. Root-bark flavoring
36. Abominable Snowman
37. Pierce
38. Adjusts
40. Anagram of "Rent"
42. 8th letter of the Greek alphabet
45. Anger
48. Tapioca source
51. Remove facial hair
52. Style of building columns
53. Medieval sword
55. Fastener
58. Genus of gorse
59. Tropical root
60. Jewish month
61. Pesky insects
62. Sound a horn

Binox



The finished puzzle should be filled with Xs and Os. Horizontally and vertically, there should never be a continuous run of the same symbol longer than 2. There are an equal number of Xs and Os in each row and column. All rows are unique. All columns are unique, too.

Sudoku

								8
5					3	6	7	
1	4		2					
		3					8	6
		6	4	8			3	2
	2							
9					2	8		
				4		7		1
			7		1		6	

Use your logic to find the correct number for each square. When finished, all nine rows across, all nine columns down and all nine 8-by-8 boxes must contain all nine numbers, 1 through 9 with no repeats.

Thankful For

Find and circle all of the words that are hidden in the grid. The remaining letters spell an additional item.

S	E	O	M	R	A	I	N	B	O	W	S	M	E	P	E	M	U	S	I	C	O
P	Y	A	M	D	N	A	R	G	L	V	O	L	U	N	T	E	E	R	S	S	R
S	E	S	S	A	L	G	E	Y	E	D	E	H	E	A	R	I	N	G	C	E	A
R	S	E	R	A	L	C	W	D	E	S	I	S	T	E	R	S	N	H	T	S	A
Y	I	P	E	S	G	R	A	E	O	U	M	B	M	O	B	U	O	A	E	S	L
I	G	A	W	G	N	E	R	R	L	O	E	A	M	G	F	O	W	B	N	E	E
C	H	R	O	R	C	F	R	O	E	A	F	E	R	A	L	N	U	R	I	N	S
E	T	E	L	A	O	R	V	U	C	G	M	S	B	T	A	O	S	O	H	D	E
S	H	N	F	N	M	E	T	H	T	Y	I	L	R	E	P	H	A	M	S	N	V
S	E	T	E	D	P	H	E	E	P	A	E	V	L	E	W	H	S	U	N	I	T
M	L	S	L	P	U	S	O	P	N	S	N	C	E	A	H	R	O	H	U	K	H
I	E	R	N	A	T	S	A	L	S	R	H	L	R	R	E	T	O	N	S	F	R
L	C	I	O	N	E	H	I	I	I	I	E	M	U	H	S	R	O	S	E	O	I
E	T	A	I	A	R	H	N	N	L	D	S	T	C	F	E	S	H	R	M	S	T
S	R	H	S	H	S	G	D	D	G	H	A	A	N	T	I	T	E	A	B	T	N
T	I	S	I	D	S	B	R	O	O	I	E	Y	H	I	I	T	K	S	F	C	U
E	C	E	V	P	N	E	O	W	O	T	N	G	S	A	L	T	U	H	R	A	A
P	I	R	E	E	N	E	E	O	T	G	U	G	F	Y	L	I	M	A	F	U	T
H	T	F	L	A	O	R	I	R	K	A	G	N	I	H	T	O	L	C	E	N	N
S	Y	H	E	C	S	A	V	R	L	S	A	M	T	S	I	R	H	C	E	B	R
O	S	E	T	E	F	I	L	S	F	A	P	L	A	C	E	T	O	L	I	V	E

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WLGA

By Linda Sue Lewis-Moors

All Wynmoor women golfers are cordially invited to join current members of WLGA (Wynmoor Ladies Golf Association) at our annual Meet and Greet reception on Wednesday, November 18th from 2:00 to 4:30 p.m. in Wynmoor's Ballroom A. We hope you will come and bring a friend.

Learn all about the WLGA whose 9-hole and 18-hole members enjoy league play every Tuesday morning.

This event, hosted by our 9-hole members, will feature an interesting instructive video, "Master Your Mind, Master the Game." The reception will include refreshments and attendees will receive information about the ladies league and upcoming events.

We look forward to welcoming current and potential members to this annual informative and fun reception.

WLGA members enjoy getting together, rain or shine. We played weekly morning tournaments all summer, carefully staying hydrated. Luckily, most of the time the rains came in the afternoon.

We also enjoyed getting together for brunch and celebrating special occasions.

Last month we celebrated Laura Kirschner's special birthday with a delicious cake and smiles all around. Laura is a wonderful person whose experience, enthusiasm and attitude are inspirational to our WLGA members.

We look forward to welcoming back returning snowbirds.

For more information about WLGA, please call Karen Beckman, league President, at 262-374-2672.



WLGA golfers stretch before teeing off for league play.



9-hole league members enjoy brunch together as they celebrate Laura's birthday.



Celebrating Laura Kirschner's birthday with cake and lots of good wishes.

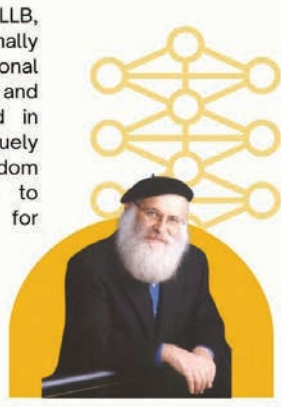


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- **Exploring hobbies in our Clubhouse, featuring dedicated Stone, Clay, Wood, and Stained-Glass Studios**
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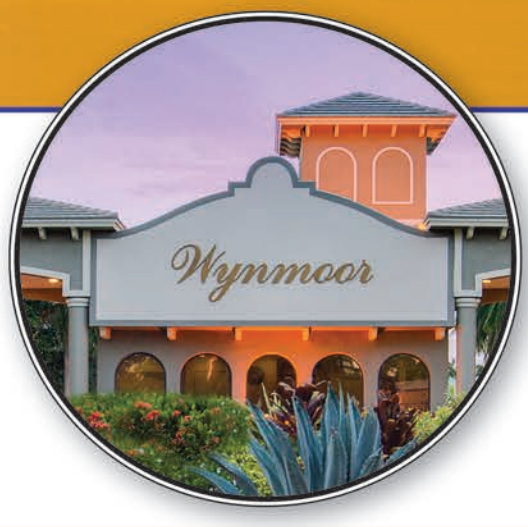


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2/2 LUXURY W/DRYER, TILE/LAMINATE, LAKE/GOLF/CLUB



3502 ARUBA | ASKING $199,900
2/2 LUXURY W/DRYER, HURRICANE WINDOWS, LAKE/GOLF



1105 BAHAMA | ASKING $149,000
2/2 CORNER REMODEL INCL HURRICANE WINDOWS, FURN



1902 BERMUDA | ASKING $99,000
1/1 FURN, REMODELED KIT+BATH, ENCL PATIO, LAKE



COMING SOON
1105 BAHAMA
$119,900
2/2 GRND FLOOR REMODEL INCL HURRICANE WINDOWS

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2403 LUCAYA
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3402 BIMINI
$1,700/mo.
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1605 ABACO
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Seasonal



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Service Equals Reward

By Sheriff Gregory Tony

Excellence In Service For The People We Serve

The dedicated professionals of the Broward Sheriff's Office (BSO) serve our community in countless ways, often behind the scenes and without recognition. This year, BSO personnel and divisions received honors from organizations throughout South Florida, across the nation and globally. These awards are more than accolades. They are recognition for the standard we hold ourselves to - *Excellence in Service*. Our standard has resulted in better preparation, faster response, advanced capabilities, effective investigations, transparent operations and a safer Broward County. Learn more about some of the accolades we've earned this year.



- **Broward Sheriff's Advisory Council Medal of Valor** – 24 BSO first responders were recognized for extraordinary actions under pressure in the line of duty, including deputies who saved a man suffering life-threatening injuries and BSO Fire Rescue personnel who revived a 3-year-old drowning victim using advanced lifesaving measures.
- **Florida Sheriffs Association Law Enforcement Officer of the Year** – Detective Robert Pence located and apprehended armed escapees and rescued a kidnapped hostage, demonstrating the importance of training, experience and decisive action.
- **2026 Vertical Aviation International Salute to Excellence Law Enforcement Award** – Deputy Nicholas Romano was honored for advancing drone operations which help locate missing persons and suspects.
- **Teledyne FLIR Vision Award** – BSO Aviation earned third place for using thermal imaging in critical public safety operations.
- **Broward Victim's Rights Coalition Officer of the Year** – Detective Mike Joo was recognized for his impactful work combating human trafficking.
- **International Homicide Investigators Association Award and U.S. Department of Justice Attorney's General's Award** – Detective Andrew Gianino was recognized for exceptional investigative expertise, helping bring justice and closure to victims and their families.
- **Caring Hands Award** – Members of Broward Sheriff Fire Rescue from Hallandale Beach were honored for rapidly intervening to help save a critically injured young adult.
- **Tom Gallagher Memorial Public Safety Award** – Regional Communications Operator III Sandra Bailey received this honor from the Broward County Commission recognizing her vital role in connecting residents in crisis with emergency assistance.
- **United Way Broward Community Trailblazer Award** – Executive Director David Scharf was recognized for expanding mental health access, awareness and support resources throughout the county.
- **Telly Awards** – BSO's Community Affairs Division and Public Information Office earned five Telly Awards for sharing important public safety messages, including campaigns raising awareness of domestic violence prevention.
- **2026 Achievement of Excellence in Procurement Award and Accreditation for Quality Public Procurement Departments Award** – BSO's Purchasing Bureau earned these honors from the National Procurement Institute for responsible purchasing and accountability in managing public resources.
- **Officer Wellness Award** – BSO was recognized by Destination Zero, an initiative of the National Law Enforcement Officers Memorial Fund, for the agency's comprehensive health and wellness programs supporting personnel through fitness, nutrition, behavioral health, peer support and resiliency.

Recognition is never the reason we serve. These accomplishments, however, are a meaningful reflection of the standards our men and women are committed to upholding each day in service to you. The impact of their work is evident in the lives saved, the crimes prevented, the crisis supported, the call answered and the story told.

For more information about BSO's commitment to excellence in public safety, visit https://www.sheriff.org/sherifftony.



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Wynmoor

BINGO!

THURSDAY NIGHTS

NOVEMBER 2026
5th, 12th, & 19th

LOCATION
GRAND BALLROOM
1001 Wynmoor Circle

DOORS OPEN AT 5:00 PM
Selling of Bingo Sheets ends at 6:15 pm
Game Starts at **6:30 pm**

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Bingo Sheets

$1.00
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BARRY MANILOW TRIBUTE — BARELY MANILOW

Saturday, November 7, 2026, 8:00 PM

$20.00

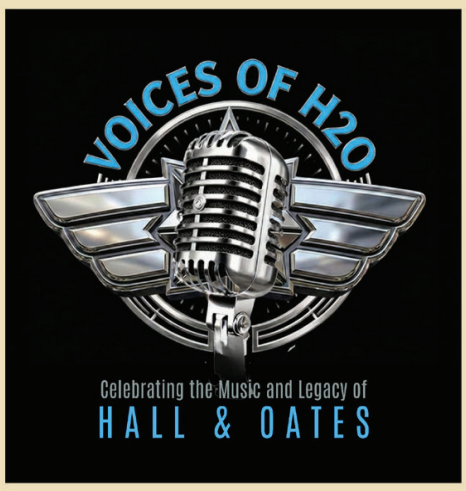


One of the most decorated, best-selling artists of the 70s comes to life in this tribute to the "Greatest Showman" in Adult Contemporary music, Barry Manilow. BARELY MANILOW pays homage to Barry with unique story-telling, spot-on vocals and first class instrumentation. Cataloging Manilow's career from his first hit, "Mandy," to his biggest number one, "Copacabana," this tribute keeps you singing along, and bringing back to mind those wonderful memories of where you were when these songs came on the radio. This is a must-see event! Don't miss it!

VOICE OF H20

Saturday, November 14, 2026, 8:00 PM

$25.00



Voices of H2O brings the music and legacy of Hall & Oates to life in a high-energy tribute concert experience. More than just a performance, H2O combines iconic hits with immersive visuals and storytelling that celebrate the people, moments, and eras behind the music. Audiences will sing along to classics like "Kiss on My List," "Sara Smile," and "Out of Touch" as the band faithfully recreates the sound, style, and excitement of a true Hall & Oates show. Relive the soundtrack of a generation with H2O — The Music of Their Lives!

PAUL ANKA TRIBUTE - LOU GAZZARA

Saturday, November 21, 2026, 8:00 PM

$20.00

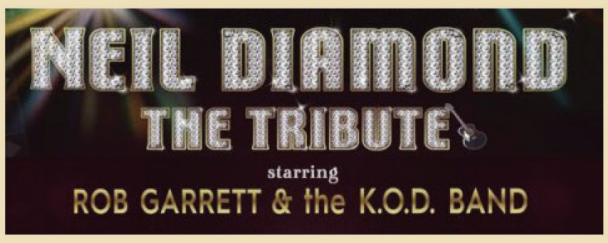


My Way is a heartfelt celebration of one of the greatest songwriters and performers of our time, Paul Anka. This tribute brings his remarkable songbook to life with passion, nostalgia, and the timeless charm that has defined his music for generations. Audiences will be swept into the world of Anka's iconic hits, to the unforgettable songs he crafted for others, including the legendary standard "My Way." The show also pays homage to the artists who helped shape Anka's creative journey, with music connected to Frank Sinatra, Tom Jones, Michael Jackson, and more. A timeless soundtrack. A legendary songwriter. A tribute you won't forget.

NEIL DIAMOND TRIBUTE — ROB GARRETT

Saturday, November 28, 2026, 8:00 PM

$25.00



Neil Diamond is one of the most beloved and biggest selling singer-songwriters in pop-rock history, with songs that have become the soundtrack of our lives. Though he retired from touring in 2018, his legendary live performance spirit lives on through Rob Garrett, universally recognized as America's No. 1 Neil Diamond tribute artist. Known worldwide as the "King of Diamonds," Rob Garrett has spent over three decades dedicated to honoring Neil Diamond's music. His award-winning show has sold out venues across the U.S., earned "Best Tribute Show in Las Vegas," and continues to thrill audiences with stunning authenticity, passion, and energy.

Box Office Hours are Monday - Friday 9 am – 12 noon & 1 pm – 4 pm, Saturday 7 pm - 8:00 pm.
Online sales end two hours before show. **Tickets purchased on the night of the show will incur an additional $2 fee.**
NO SHORTS FOR SATURDAY NIGHT PERFORMANCES. All Shows are subject to change, modification or substitution. No refunds/exchanges.
No food/drinks allowed in theatre. Bottled water OK. No Smoking in Theatre including E-Cigarettes. Some people are allergic to perfume/cologne, if you use these items, please go lightly. **No Flash Photography** and/or Video with flash during performance. Please be courteous— no talking on cell phones and no dancing in and between aisles. — Patrons may dance in designated areas at the back or front corners of the theatre. Patrons must remove their hats before the show.
No guests under age 15 are permitted. Exchanges are permitted, although refunds and vouchers are not.

Wynmoor Happenings

The Cove

WYNMOOR ID REQUIRED

Thursdays from 6:00 pm - 9:00 pm
At the Country Club Patio

NOVEMBER 5TH
DJ: Steve Michaels

NOVEMBER 12TH
DJ: Art King

NOVEMBER 19TH
DJ: Eduardo Escalante

Menu Options
When available

- Hot Dog Combo: $10.00
- Hamburger/Cheeseburger Combo: $10.00
- Grilled Chicken Breast Sandwich: $12.00
- Chicken Skewer on Pita w/Tzatziki: $12.00
- Spinach Pie: $12.00
- SIDE Salad: $5.00

All Meals include Coleslaw, Chips and Drink.
Sprite, Coke, Diet Coke or Water. *CASH ONLY*

Food will be available for purchase by ***Cafe on the Green***
between 5:00 pm - 7:00 PM or while supplies last.

WYNMOOR

Sunday Music Poolside

WYNMOOR ID REQUIRED

1:00 pm - 4:00 pm

November 1 — Marian Weinberg
November 8 — Edie DiCaro
November 15 — Eli Arroyo
November 22 — DJ JP
November 29 — Mike Rapposselli

Sundays at the Main Pool
(1310 Avenue of the Stars)

Council Properties and facilities were created solely for your use and enjoyment.
PLEASE be considerate of one another so that we can all relax and have a good time!

Please maintain a respectful and orderly environment. Threatening, abusive, or obscene language, as well as fighting or physical altercations, are not permitted. Violations may result in fines or suspension.

Please follow all posted pool rules and regulations while enjoying the pool complex.

Pool furniture must remain in its designated areas. Tables and chairs may not be moved or reserved.

Music is provided by WCC for residents' enjoyment. Personal amplified music is not permitted.

Smoking is permitted only in the designated area located at the rear south wall of the shuffleboard courts.

WYNMOOR

SATURDAY NIGHT Dance

WEST WING
1300 AVENUE OF THE STARS

WYNMOOR ID REQUIRED

NOVEMBER 2026

JOSE PABLO — NOVEMBER 7th
JOHN BROWN — NOVEMBER 14th
EDDIE CRESPO — NOVEMBER 21st
SHONEE — NOVEMBER 28th

8:30 PM - 11:00 PM
DOORS OPEN AT 8:15 PM
Complimentary coffee provided. BYOB.

JOIN US FOR A COMPLIMENTARY DANCE AT THE
WEST WING!

Guests are permitted with a resident host. A $5.00 admission fee applies to all guests.

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Learning From Jacob's Journey

By Diane Gottlieb

The secular month of November is a month without even one Jewish holiday! The busyness of the High Holiday season seems like a thing of the distant past, and the joyous energy of Chanukah is still weeks away. As our days are growing shorter and our nights longer, it's the perfect time to curl up with a good book—the best book—the Torah! But don't expect a calm, peaceful, nighttime read. There's a lot of action in this month's portions!

First, we say good-bye to our matriarch Sarah. Then, we read the dramatic events around Isaac's blessing of Jacob. In the next two portions-- **Vayetze** and **Vayishlach**— we follow Jacob on two solitary journeys.

First-born Esau is full of rage when he learns that his brother Jacob received their father's blessing, originally intended for him. Because of Esau's fury, Jacob must leave the comfort of his home in the Holy Land and travel alone to his deceitful Uncle Laban's home in Charan, a land of suffering. On the way, Jacob stops for the night at Mt. Moriah, where he dreams his very famous dream: Jacob see angels ascending and descending a ladder that reaches from the dirt on the ground up to the heavens. When he awakens, Jacob exclaims, "Surely God is in this place and I did not know it."

While Jacob flees from Esau on his first journey, he leaves Laban's home to *meet* Esau on his second journey. Jacob is filled with fear—as he was told Esau was bringing 400 of his men with him! Before this dreaded meeting, Jacob is tackled by an angel, with whom he wrestles through the night. As morning approaches, the angel is anxious to leave, but Jacob insists that the angel bless him first. After touching Jacob's hip socket, resulting in an injury that leaves Jacob with a limp for the rest of his life, the angel changes Jacob's name to Israel.

What can we learn from Jacob's two nighttime encounters? How can Jacob's journeys add meaning to our own?

Each encounter provides a powerful metaphor for our lives. The ladder in Jacob's dream is rich with symbolism. Each rung on our spiritual journeys brings us a step closer to G-d. We can elevate our earthly experiences as we climb up the ladder and also incorporate heavenly sparks into our daily lives as we climb back down.

What about wrestling with angels? As human beings, we are often faced with inner struggles of identity and self-doubt. Our higher selves wrestle with our lower urges, our more troublesome traits, and our fears. After Jacob's encounter with the angel he says, "I have seen the divine face to face and my soul was spared." We, too, can see G-d in our challenges if we keep our eyes and hearts open. When we are feeling overwhelmed or fearful, we can ask ourselves, what is G-d trying to show us through this experience? What do we need to learn?

Jacob's dream and wrestling match both took place at night, when darkness was all around. They also occurred at times of great change in his life. There were many unknowns ahead for Jacob and difficult hurdles to cross. It is exactly at those times, when we feel most alone, that our deepest and most powerful spiritual growth occurs. Like Jacob, none of us emerge unscathed. Yet, we can rise out of the depths through our faith and find strength we never knew we had.

While there are no Jewish holidays this November, programming at Chabad of Coconut Creek is in full force, and we'd love you to join us!

We are excited to be hosting world renowned speaker, Rabbi Dr. Laibl Wolf for Dinner and a lecture on November 11th at 5:30 p.m. Rabbi Wolf, LLB, MEdPsych is known for his mastery of Kabbalah and lectures in the fields of mind and emotion mastery and personal growth. He has lectured in over 165 cities and has founded the Human Development Institute. Being one of the few traditional exponents of Kabbalistic teachings while having studied law and psychology as well, he combines the wisdom of the past with a modern and progressive view of the present.

There are still four weeks left in our JLI course *Kabbalah and the Hidden Architecture of You*. Please join the always inspiring Rabbi Dovid Friedman for learning and discussion about reincarnation, soulmates, dreams, and names and what they reveal about the hidden design of your life. Thursday evenings at 6:30 p.m.

Our Kitchen of Kindness program will be having its third event- cooking for Thanksgiving. Please join us on Monday, November 23rd at noon and help prepare and package meals for those in our community who can use a little extra comfort and support.

Ladies! Rebbetzin Leeba Gansburg's lively and fascinating women's study group continues! Join Leeba for a deep dive into the week's parsha and learn how to bring the lessons of Torah into your daily life. Wednesdays at 1:00 p.m.

Looking for warm and welcoming prayer services? We've got them!

We'd love you to join us for our weekly Friday Night prayers.

Begin your Shabbat morning bright and early at Chabad of Coconut Creek with an enlightening discussion about the week's parsha at 9:30 a.m. Services, starting at 10:00 a.m., are followed by a hearty kiddush lunch, providing warm community connection in a welcoming family atmosphere.

Why not start your Sunday morning at 8:30 a.m. with Tefilin—complete with a Bagels & Lox Breakfast!

And join us for Monday-Friday for our daily Minyan, beginning at 7:45 a.m.

Here's one more offering that will help our greater community: If you are looking for a meaningful volunteer opportunity, the South Florida Jewish Academy is looking for you! We need volunteers to tutor our students who would benefit from some extra one-on-one tutoring in English, Hebrew, reading, or math. If interested, please reach out!

We look forward to greeting you soon at 3700 Coconut Creek Parkway—whether at a class, a service, or simply for a friendly visit! Contact us to get involved 954-371-9412 or check out our website chabadcoconutcreek.com.

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CITY OF COCONUT CREEK
NOTICE OF REFERENDUM ELECTION

Notice is hereby given that a Referendum Election shall be held on November 3, 2026, in the City of Coconut Creek, Florida, for the electors of the City to vote on five (5) ballot questions, proposed by the Coconut Creek Charter Review Board and the City Commission, relating to changes to the City's Charter.

1. Clarifying Calculation of "Days" and Confirming Commission Sets City Manager and City Attorney Salaries
Shall the Charter be amended to provide general clarification, by specifying when references to "days" means calendar days and when it means business days and clarifying that the officers the City Commission sets salaries for are the City Manager and City Attorney? Yes ☐ No ☐

2. Prohibiting Mayor or Commissioners from Serving on Homeowner or Condominium Board During Their Commission Term
Shall the general powers and duties of the Mayor and City Commission be amended to prohibit the Mayor and City Commissioners from simultaneously serving as an officer on a homeowner or condominium association board located within the City while they are serving as the Mayor or a City Commissioner? Yes ☐ No ☐

3. Authorizing City Commission to Determine During Budget Process Whether Appropriations Should be Abandoned
Shall the Charter be amended to remove the current five-year automatic lapse of unspent appropriations and instead authorize the City Commission to determine, during the annual budget process, which appropriations shall be deemed abandoned? Currently, the Charter requires abandonment of appropriations within five years, if not disbursed or encumbered, which reduces the effectiveness of long range financial planning. Yes ☐ No ☐

4. Revising Initiative, Referendum and Recall Procedures
Shall the Charter be amended to revise the initiative and repeal procedures to provide that the Land Development Code, Comprehensive Plan and related ordinances are not subject to the referendum process; define a procedure for validation of the form of a petition or ordinance; and a methodology for addressing conflicting Charter amendments approved by the voters? Yes ☐ No ☐

5. Charter Review Board
Shall the Charter be amended to require review of the City Charter every six years beginning in January 2030 in order to align with the general election schedule? Currently, the Charter is reviewed every five years, which often does not align with a scheduled election thereby creating a delay in voter consideration of the board's recommendations. Yes ☐ No ☐

The election, which shall be held in accordance with the Charter of the City of Coconut Creek, Florida, and the State of Florida Election Laws, shall be held on Tuesday, November 3, 2026, between the hours of 7 a.m. and 7 p.m. Voting in the City of Coconut Creek is at-large. A listing of the precincts and polling place locations in the City of Coconut Creek can be found on our website at: **https://www.coconutcreek.gov/ballot**

All qualified voters of the City of Coconut Creek, whose names appear in the registration books of the Office of the Supervisor of Elections of Broward County, Florida, shall be eligible to vote in said election. Early voting and Vote-By-Mail are permitted through the Broward County Supervisor of Elections Office (SOE). To learn more, please visit the SOE's website at: **www.browardvotes.gov**

Deadline to Register To Vote (Book Closing): Monday, October 5, 2026
Early Voting Period: Monday, October 19th – Sunday, November 1st from 7:00 a.m. to 7:00 p.m.
Vote-By-Mail Ballot Request Deadline: Thursday, October 22, 2026
Election Day Voting Period: Tuesday, November 3, 2026 from 7:00 a.m. to 7:00 p.m.

For further information, contact the City Clerk Department, 4800 W. Copans Road, Coconut Creek, Florida 33063, by telephone at 954-973-6774, or by email at: **cityclerk@coconutcreek.gov**

Joseph J. Kavanagh, MMC
City Clerk

CIUDAD DE COCONUT CREEK
AVISO DE ELECCIONES REFERENDARIAS

Por la presente se notifica que el 3 de noviembre de 2026 se llevará a cabo una elección referendaria en la Ciudad de Coconut Creek, Florida, para que los electores de la ciudad voten sobre cinco (5) preguntas en la boleta electoral, propuestas por la Junta de Revisión de la Carta Constitucional de Coconut Creek y la Comisión Municipal, relacionadas con cambios a la Carta Constitucional de la ciudad.

1. Aclarar el cálculo de los "días" y confirmar que la Comisión establece los salarios del Gerente Municipal y del Abogado Municipal
¿Se debe enmendar la Carta para proporcionar una aclaración general, especificando cuándo las referencias a "días" significan días calendario y cuándo se refieren a días hábiles, y aclarando que los funcionarios para los que la Comisión Municipal establece los salarios son el Gerente Municipal y el Abogado de la Ciudad? Sí ☐ No ☐

2. Prohibición de que el Alcalde o los Comisionados sirvan en la junta directiva de una asociación de propietarios o de condominios durante su mandato en la Comisión
¿Deben modificarse los poderes y deberes generales del Alcalde y la Comisión de la Ciudad para prohibir que el Alcalde y los Comisionados de la Ciudad sirvan simultáneamente como miembros de la junta directiva de una asociación de propietarios o de condominios ubicada dentro de la Ciudad mientras ejerzan como Alcalde o Comisionado de la Ciudad? Sí ☐ No ☐

3. Autorización a la Comisión Municipal para determinar durante el proceso presupuestario si las asignaciones deben cancelarse
¿Debe enmendarse la Carta para eliminar el actual período de caducidad automática de cinco años de las asignaciones no gastadas y, en su lugar, autorizar a la Comisión Municipal a determinar, durante el proceso presupuestario anual, qué asignaciones se considerarán canceladas? Actualmente, la Carta exige la cancelación de las asignaciones en un plazo de cinco años si no se desembolsan o se comprometen, lo que reduce la eficacia de la planificación financiera a largo plazo. Sí ☐ No ☐

4. Revisión de los procedimientos de iniciativa, referéndum y revocación de mandato
¿Debe enmendarse la Carta para revisar los procedimientos de iniciativa y derogación para establecer que el Código de Desarrollo Territorial, el Plan Integral y las ordenanzas relacionadas no estén sujetos al proceso de referéndum; definir un procedimiento para la validación de la estructura de una petición u ordenanza; y una metodología para abordar las enmiendas contradictorias de la Carta aprobadas por los votantes? Sí ☐ No ☐

5. Junta de Revisión de la Carta
¿Debe enmendarse la Carta para exigir la revisión de la Carta de la Ciudad cada seis años a partir de enero de 2030 para alinearse con el calendario de elecciones generales? Actualmente, la Carta se revisa cada cinco años, lo que a menudo no coincide con una elección programada, lo que provoca un retraso en la consideración de las recomendaciones de la junta por parte de los votantes. Sí ☐ No ☐

La elección, que se celebrará conforme a la Carta de la Ciudad de Coconut Creek, Florida, y a las Leyes Electorales del Estado de Florida, se llevará a cabo el martes 3 de noviembre de 2026, entre las 7 am y las 7 pm. La votación en la Ciudad de Coconut Creek se realiza por distrito único (voto general). Un listado de los distritos electorales y lugares de votación en la Ciudad de Coconut Creek puede consultarse en nuestra página web en: **https://www.coconutcreek.gov/ballot**

Todos los votantes calificados de la Ciudad de Coconut Creek, cuyos nombres figuren en los libros de registro de la Oficina del Supervisor de Elecciones del Condado de Broward, Florida, serán elegibles para votar en dicha elección. La votación anticipada y el voto por correo están permitidos a través de la Oficina del Supervisor de Elecciones del Condado de Broward (SOE). Para obtener más información, por favor visite la página web de la SOE en: **www.browardvotes.gov**

Fecha límite para registrarse para votar (Cierre de los libros): lunes 5 de octubre de 2026
Periodo de votación anticipada: lunes 19 de octubre – domingo 1° de noviembre de 7 am a 7 pm
Fecha límite para solicitar votos por correo: jueves 22 de octubre de 2026
Periodo de votación en el día de las elecciones: martes 3 de noviembre, 2026 de 7 am a 7 pm

Para más información, contacte al Departamento de Secretaría Municipal, 4800 W. Copans Road, Coconut Creek, Florida 33063, por teléfono al 954-973-6774, o por correo electrónico en: **cityclerk@coconutcreek.gov**

Joseph J. Kavanagh, MMC
Secretario municipal

VIL COCONUT CREEK
AVI SOU ELEKSYON REFERANDÒM

Pa prezant lan nou bay avi konsa, yon Eleksyon Referandòm pral fèt jou 3 Novanm 2026, nan Vil Coconut Creek, Florida, pou elektè Vil la vote sou senk (5) kesyon sou bilten, ki pwopoze pa Komite Revizyon Konstitisyon Coconut Creek la avèk Komisyon Minisipal la, ki gen rapò avèk Konstitisyon Vil la.

1. Kalkil ki pou Klarifye "Jou" epi Konfime konsa, se Komisyon an ki Fikse Salè Manadjè Minisipal la avèk Avoka Minisipal la
Èske nou dwe amande Konstitisyon an pou bay klarifikasyon jeneral, epi presize lè referans ak "jou" vle di jou sou kalandriye avèk lè li vle di jou ouvrab epi klarifye konsa, se ofisye Komisyon Minisipal ki fikse salè pou Manadjè Minisipal la avèk Avoka Minisipal la? Wi ☐ Non ☐

2. Entèdi Majistra oswa Komisyonè yo Sèvi sou Komite Pwopriyetè oubyen Kondominyòm Pandan Manda Yo nan Komisyon an
Èske nou dwe amande pouvwa ak devwa jeneral Majistra a avèk Komisyon Minisipal la pou entèdi Majistra a avèk Komisyonè Minisipal yo sèvi kòm ofisye sou yon komite asosyasyon pwopriyetè oubyen kondominyòm nan menm tan y ap sèvi antanke Majistra a oubyen yon Komisyonè Minisipal? Wi ☐ Non ☐

3. Otorize Komisyon Minisipal la pou Detèmine Pandan Pwosesis Bidjè a Si Yo Dwe Abandone Apwopriyasyon
Èske nou dwe amande Konstitisyon an pou retire ekspirasyon otomatik pou apwopriyasyon ki pa depanse apre senk lane e otorize Komisyon Minisipal la pou detèmine, pandan pwosesis bidjè anyèl la, ki apwopriyasyon yo detèmine yo abandone? Aktyèlman, Konstitisyon an egzije yo abandone apwopriyasyon nan lespas senk lane, si li pa debouse oubyen antrave, ki redwi efikasite planifikasyon finansye alontèm. Wi ☐ Non ☐

4. Modifye Pwosedi Inisyativ, Referandòm ak Anilasyon yo
Èske nou dwe amande Konstitisyon an pou modifye pwosedi yo pou inisyativ ak anilasyon yo pou fè pwovizyon konsa, Kòd Devlòpman Teren an, Plan Konpreyansif la ak òdonans ki gen rapò ak bagay sa yo pa oblije sibi pwosesis referandòm lan; defini yon pwosedi pou validasyon fòm yon petisyon oswa òdonans; ak yon metodoloji pou abode amannman nan Konstitisyon an ki apwouve pa votè yo ki an konfli? Wi ☐ Non ☐

5. Komite Revizyon Konstitisyon
Èske nou dwe amande Konstitisyon an pou egzije revizyon Konstitisyon Minisipal la chak sis lane apati Janvye 2030 pou aliyen li avèk kalandriye a pou eleksyon jeneral yo? Aktyèlman, yo revize Konstitisyon an chak senk lane, e souvan sa pa aliyen avèk eleksyon ki pwograme epi konsa sa kreye yon reta nan konsiderasyon votè yo pou rekòmandasyon komite a. Wi ☐ Non ☐

Eleksyon an, ki pral fèt an konfòmite avèk Konstitisyon Vil Coconut Creek, Florida, ak Lalwa Eta Florida sou Eleksyon, pral fèt jou Madi 3 Novanm 2026, ant 7è a.m. ak 7è p.m. Vòt nan Vil Coconut Creek la se pou tout moun. W ap jwenn yon lis sikonskripsyon elektoral ak biwo vòt nan Vil Coconut Creek la sou sitwèb nou an ki sou: **https://www.coconutcreek.gov/ballot**

Tout votè ki kalifye yo nan Vil Coconut Creek, ki gen non yo ki parèt nan liv enskripsyon Biwo Sipèvizè Eleksyon Konte Broward, Florida, ap elijib pou yo vote nan eleksyon sa a. Biwo Sipèvizè Eleksyon (Supervisor of Elections) (SOE) Konte Broward otorize moun vote bonè e vote pa lapòs. Pou plis enfòmasyon, tanpri ale sou sitwèb SOE a sou: **www.browardvotes.gov**

Dat Limit pou Enskri pou Vote (Kloti Rejis): Lendi 5 Oktòb 2026
Peryòd Vòt Bonè: Lendi 19 Oktòb pou Dimanch 1e Novanm 7:00è a.m. pou 7:00è p.m.
Dat Limit pou Mande Bilten pou Vote Pa Lapòs: Jedi 22 Oktòb 2026
Peryòd Vòt Jou Eleksyon an: Madi 3 Novanm 2026 kòmanse a 7:00è a.m. pou 7:00è p.m.

Pou plis enfòmasyon, kontakte Depatman Grefye Minisipal la (City Clerk Department), 4800 W. Copans Road, Coconut Creek, Florida 33063, sou telefòn nan 954-973-6774, oubyen sou imèl nan: **cityclerk@coconutcreek.gov**

Joseph J. Kavanagh, MMC
Grefye Minisipal

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Expressing Gratitude Lowers Stress and Anxiety

By Manohara Ferretti, MDiv

In this month of Thanksgiving celebrations, it is a notable fact that practicing gratitude lowers stress and anxiety. How does it do that? Feeling grateful interrupts negative thought loops, calms the nervous system and releases feel-good brain chemicals. Taking a few minutes to focus on gratitude every day helps to improve our ability to manage stress, and it helps us develop a more positive perspective on life. Gratitude is a way for the brain to encourage kindness toward others and motivates us to engage with our community.

Research shows that gratitude shifts the focus from worrying to more positive thoughts, thereby releasing dopamine and serotonin which enhances feelings of contentment. Thankfulness lowers the stress hormone cortisol and restructures neural pathways. We experience a mental reset when we feel thankful, interrupting the "fortune telling" thinking which worrying creates. Practicing gratitude lessens catastrophic thinking about the future and reduces ruminating on regrets of past.

Gratitude also helps the body stay healthy. When we begin to think about what we feel thankful for, the parasympathetic nervous system is activated which slows the heart rate and eases muscle tension.

By regularly experiencing gratefulness, we can change our perspective and think about things in new, more positive ways. The brain rewires or reorganizes signaling pathways between neurons increasing cognitive ability. This may also have benefits for brain health. One study published in SCAN (vol.9, issue 11) in 2014 found that people who experienced higher levels of gratitude developed an increased volume of gray matter - the brain tissue associated with processing a wide variety of cognitive tasks such as perception, speech, learning, and voluntary movement.

Because of the effects on the brain, expressing gratitude also improves focus, immunity and sleep patterns. It can improve general health concerns such as fewer headaches, infections, and digestive problems. Regularly expressing gratitude can also reduce symptoms of depression and anxiety. Our ability to cope when stressful situations arise is strengthened.

When we express gratitude to others, our ability to bond with them is enhanced, which in turn creates more supportive, kinder and more meaningful social interactions.

Here are some simple daily practices that you can start today!

Appreciate yourself. Think of five good things you appreciate about yourself. These could be talents, strengths, achievements or just general things you like about yourself. Give yourself some compliments. In addition to improving your mood and helping you embrace a positive view on life; this regular practice can help you build self-confidence.

Keep a journal or daily gratitude list. Take a few moments to reflect on the things you appreciate each day. Write them down and be specific, for example a warm cup of coffee, a supportive friend, a sunny day, a beloved pet.

Write thank you letters. Send a text, email, or handwritten note to someone who has made a positive impact on your life. As you write them, you will feel lighter and more content with how your life has progressed.

Pause mindfully. Take one minute during a busy routine to notice a small comfort, like the feel of sunshine, a breath of fresh air, a cozy chair. Consider gratitude as part of a regular meditation practice. Use it as a specific focus for guided or unguided meditation.

Reflect on small wins. Acknowledge personal victories and moments of survival or strength during hard days. It's important to appreciate the opportunities for personal growth that hard times can bring. Your ability to manage a difficult challenge may be greatly eased by an attitude of gratitude for the support you receive and the strength and courage you find within yourself.

Consider making this Thanksgiving more than just a single day of gratitude. By practicing gratitude as a part of your daily routine, you can feel happier, calmer, more generous and compassionate to yourself and others.

As always, I appreciate your comments: smferretti@aol.com. Happy Thanksgiving!



pen to paper

Continued from page 13

The Insider is not responsible, and assumes no liability for the content expressed in any contributed material. Material in the paper represents the author's own opinion, and not necessarily the opinion of the Insider.

TOOT/HONK
A Wynmoor/Seinfeld Experience
By Michael Rosen

A few Fridays ago, my wife called me late in the morning and asked if I could pick her up at the Theater. As I drove up the Avenue of the Stars, I saw her sitting on a bench by the theater entrance. I stopped, she got in the car, and we proceeded to drive through the theater dropoff area.

Unfortunately, there was a black car stopped in the right lane and a beige car stopped in the left lane blocking through traffic. Here's a diagram of the situation.

Theater Drop Off



I'm in the white car. I could see a driver in the beige car and waited an appropriate amount of time for him to see he was blocking through traffic. Maybe it wasn't minutes, but it was enough time for him to realize someone was behind him,

After, again, what I considered an appropriate amount of time, I 'tooted' my horn. Not an angry HONK, but a gentle toot. His car moved forward enough for me to drive around him and as I passed, I gave him a 'thumbs up' in appreciation of his letting me through. I immediately forgot the incident, innocuous as it was.

But he didn't!

The following Tuesday, I attended the weekly Management meeting, which I've done for the past 6 years. At the end of the meeting, Jackie calls for 'Good & Welfare'. Any Wynmoorian can get up and ask the Board questions, complain about the iguanas, or anything else they'd like to say.

This guy walks up to the mic and proceeds to complain about how rude and thoughtless many Wynmoorians are. He then goes on to mention an incident he was involved in the previous week. He says that he was in his car idling in the Theater roadway, when an inconsiderate driver started HONKING his horn for him to move! And, he went on, that driver is in the audience and he points his finger towards me!!!!!!

I looked around to see who he was pointing at and realized it WAS me!!!!

The meeting ended, and this fellow came up to me and said he had to get it off his chest. I responded, saying, I didn't honk, I tooted and you were blocking the roadway.

I guess that he must have recognized me when I passed by and I gave him the thumbs up. He then said to me, "how about at next week's Good & Welfare we both go up and shake hands"! I said "you are joking; I did nothing wrong; you were blocking the roadway! I'm not apologizing for anything"!

Amazingly, this is not the end of the story!

The following Saturday, Wynmoor was having a mentalist appear at the theater. I went with two friends.

We were sitting in Section C, Row C. During the few minutes before the show began one of my friends tapped me on the shoulder and said, that the fellow sitting in front of us in Row B, knows me and was complaining that I was rude to him by honking my horn!!!!

I said to him," it was not a HONK, it was a toot!" He repeated, HONK, I said toot, HONK, toot, HONK, toot! It was going back and forth, HONK, toot! I then noticed a group of people standing in Row B with tickets in their hands and they said to my protagonist, what seat do you have? He replied Section B, Row C! The group said, well, you're in the wrong section, this is Section C!

As he got up to go to Section B, I said, 'It was a toot'!!!





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2026 Homestead Exemption



Documents required to file a Homestead Exemption include:

- Current Florida driver's license/ Identification Card
- Current Voter registration card or declaration of domicile
- Non-U.S. citizens must also provide proof of permanent residency

Special 2026 Homeowner Sign-Up Dates:

- November 13, 2026
- December 11, 2026



Deputy Property Appraisers will assist residents at the Country Clubhouse Library.

From 10:00 am - 12:00 pm

The property Appraiser's full outreach calendar can be viewed at **www.bcpa.net/Events.asp**. For further information visit our website at www.bcpa.net or contact The Outreach Department at (954) 357-5579.

ACUPUNCTURE



Reset Your Body: How Modern Acupuncture Heals Pain, Stress, and Chronic Fatigue

Modern acupuncture has evolved far beyond its ancient origins, transitioning from a traditional art into an evidence-backed therapy integrated into mainstream medical settings. By combining centuries of clinical observation with modern neuroscience, acupuncture offers a drug-free, non-invasive approach to managing a remarkably broad spectrum of everyday health challenges.

At its core, modern acupuncture involves inserting ultra-fine, sterile needles into specific anatomical points on the surface of the body. Research shows these points stimulate the central nervous system, triggering the release of natural pain-relieving endorphins, dampening systemic inflammation, and regulating automatic biological processes. Modern variations—such as electroacupuncture, which applies mild electrical currents to the needles—further enhance these physiological effects.

Comprehensive Relief: How Modern Acupuncture Works

- **Acute & Chronic Pain:** Whether treating sudden sprains, postsurgical discomfort, or persistent conditions like osteoarthritis, low back pain, and migraines, acupuncture alters pain signaling pathways in the brain and spinal cord to deliver long-lasting relief.
- **Digestive Health:** By modulating the vagus nerve and the gut-brain axis, acupuncture helps regulate gut motility and reduce inflammation, offering relief from conditions like irritable bowel syndrome (IBS), chronic bloating, nausea, and acid reflux.
- **Insomnia & Fatigue:** Needling calms hyperactive brain waves and supports the body's natural melatonin production. This promotes deeper sleep cycles, reduces nighttime awakenings, and restores daytime energy levels.
- **Allergies & Respiratory Issues:** Acupuncture acts as a natural immunomodulator. It helps down-regulate histamine responses to ease seasonal allergies (allergic rhinitis) while reducing airway inflammation and tightness associated with asthma and sinus congestion as well as COPD.
- **High Blood Pressure & Stress:** By balancing the autonomic nervous system, acupuncture reduces sympathetic "fight-or-flight" activity and shifts the body into a parasympathetic state. This shift actively lowers stress hormones like cortisol, relaxes blood vessel walls, and supports healthy blood pressure regulation.

High-Profile Endorsements: From Elite Arenas to Hollywood Sets

The widespread rise of modern acupuncture is reflected in how leading athletes and public figures rely on it to stay at peak physical and mental form:

- **Elite Sports & Longevity:** Basketball legends like **LeBron James** and **Stephen Curry** utilize acupuncture to bounce back quickly after grueling games, target acute muscle soreness, and manage chronic joint strain. During the Olympics, world-class athletes—including 24-time Grand Slam champion **Novak Djokovic** and legendary swimmer **Michael Phelps**—frequently rely on acupuncture and cupping to optimize muscle recovery, increase blood circulation, and shorten injury rehabilitation timelines.
- **Hollywood & High-Stress Demands:** Performers often turn to acupuncture to handle demanding schedules and manage stress. Actor **Robert Downey Jr.** has credited acupuncture as an essential part of his wellness routine, keeping him physically fit, energized, and mentally focused during intensive film productions. Meanwhile, Oscar-winning actress **Sandra Bullock** has highlighted acupuncture's benefits for maintaining emotional balance, managing stress, and accelerating recovery from physical strain.

What to Expect & Getting Started

If you're considering acupuncture, the process is straightforward and gentle. During an initial consultation, a licensed practitioner evaluates your overall health history to map out a specific treatment strategy which will be explained to you in depth to allow any questions or concerns you have to be addressed. Once treatment begins, the sensation is typically minimal—often described as a slight heavy or warm feeling rather than sharp discomfort. While acute problems like a recent sprain or sudden allergy flare-up may resolve in just a few visits, chronic conditions generally see gradual cumulative improvements over of time.

For more information about Acupuncture and how it may be of value to you and your loved ones, please visit our website at MarcusSmithAcupuncture.com or call us directly at 954-907-1036.



Traffic Violations

The speed limit on Wynmoor Circle is **25mph.** The speed limit in the villages is **15mph.** There is absolutely NO PASSING on Wynmoor Circle and all STOP SIGNS MUST BE observed by residents and guests. **All residents and guests are required to abide by Wynmoor Rules and Regulations.**



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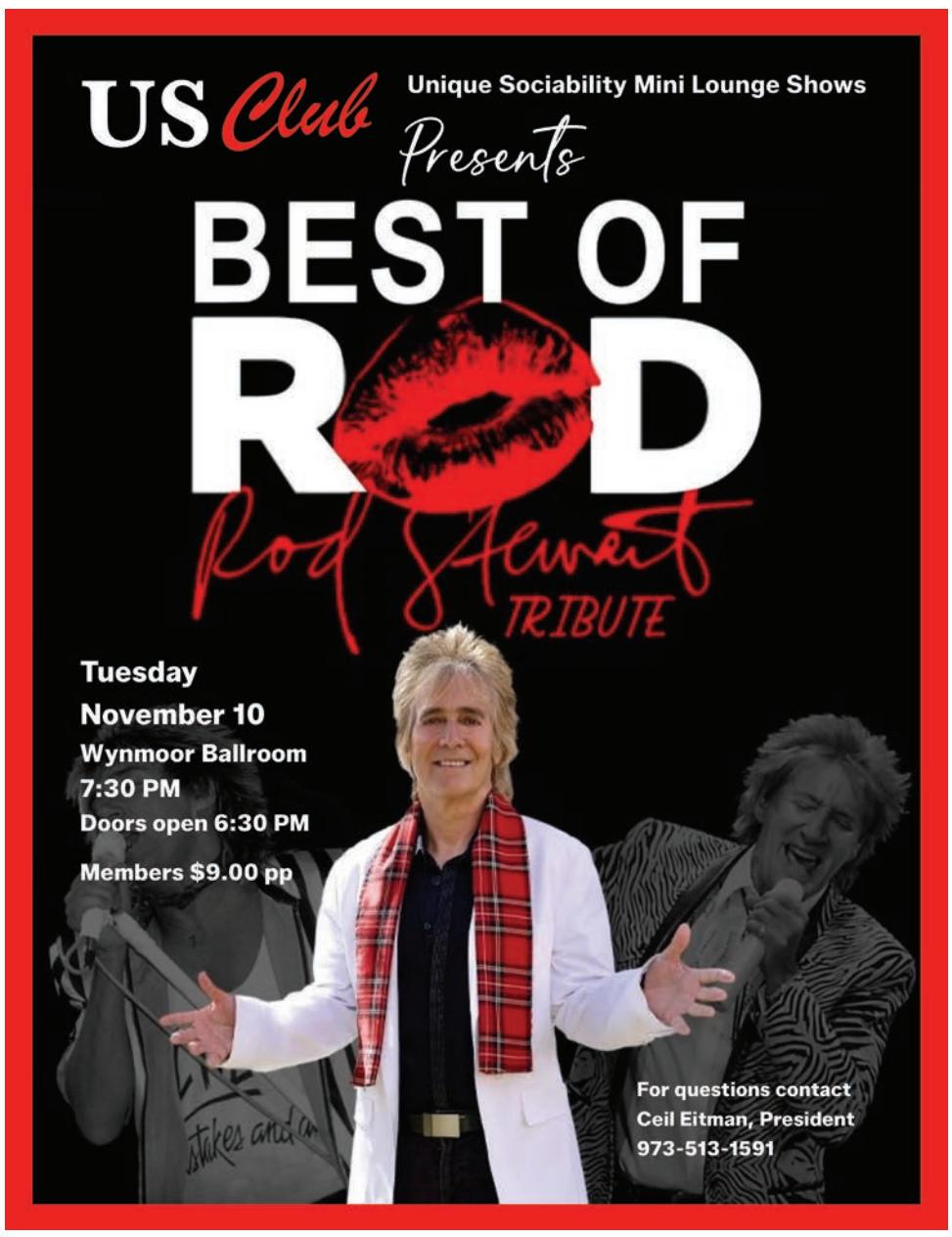
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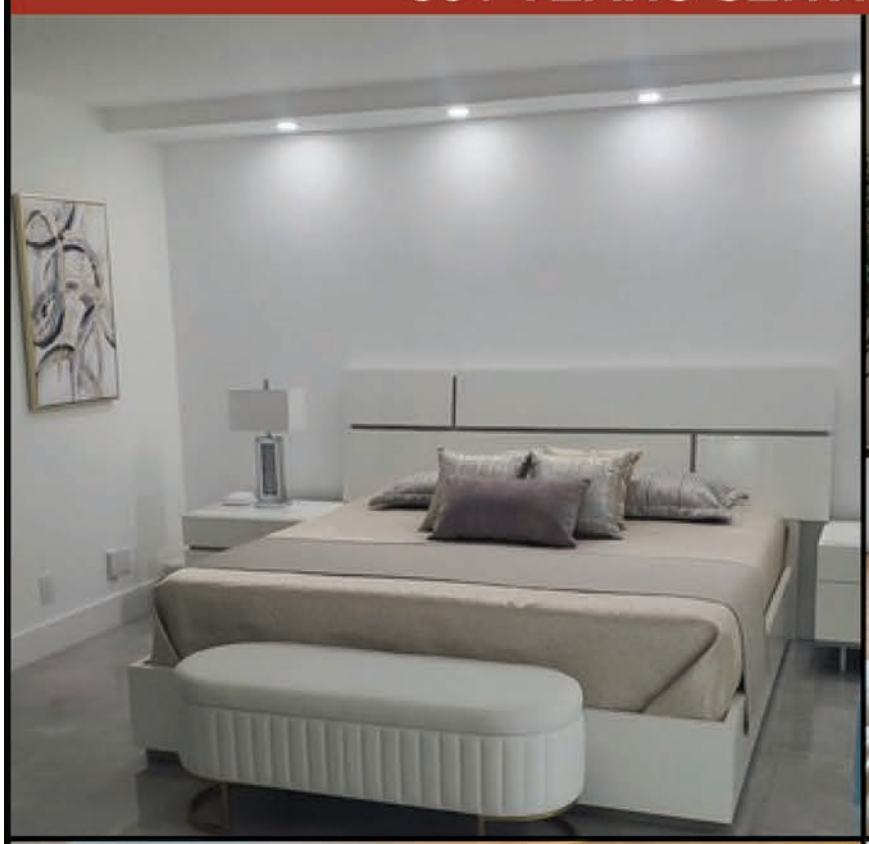
For questions:
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954-610-9459
JgwynmoorHadassah@gmail.com

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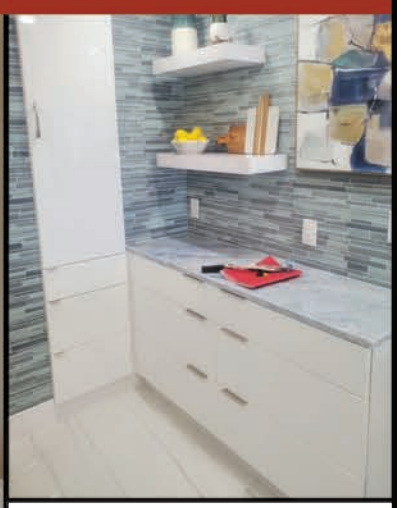


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This is accomplished by the health or medical professionals, from the surrounding area, that speak at our meetings.

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The Broward County Property Appraiser's Office is responsible for ensuring the fair assessment (value) of all properties and applying all exemptions. We make it our #1 priority to assist all Broward residents in obtaining every tax-saving exemption for which they are eligible.

The Property Appraiser's Office does not set your tax rates, collect property taxes, or determine how the tax revenue is allocated by local government. The property tax bills are sent by the Broward County Tax Collector's Office. If you have questions regarding the payment of your tax bill, the Tax Collector's Office can be reached at 954-357-4829 or you can visit their website at https://browardtax.org/.

Where Is My 2027 Homestead Exemption?

The tax bill you received this month from the Broward County Tax Collector is for the 2026 tax year. If you acquired your home in 2026 and the previous owners of your new home lawfully received Homestead Exemption or any other exemption on January 1, 2026, you may have inherited their exemptions on your 2026 property tax bill. Florida Statutes require these 2026 exemptions to be removed, and the property be reassessed at the full Just/Market Value for 2027. This may result in an increase in your 2027 property taxes. It is important that you apply for your own Homestead Exemption in your name if you believe you are eligible for 2027. Your new 2027 Homestead Exemption will be reflected next year on all 2027 property records, notices, and tax bills. You can apply for Homestead Exemption and any other exemptions you may qualify for online at https://web.bcpa.net/bcpaclient/#/HomesteadExemption.

If you have questions regarding your Homestead or other tax-saving exemptions, please contact our Exemptions Department at 954-357-6830.

The Property Appraiser's Office Has Moved to a New Location

The Broward County Property Appraiser's Office has moved to 1801 NW 49 Street, Suite PA1, Fort Lauderdale, FL 33309. Our staff will continue to assist property owners at events throughout our community as well as through virtual visits. To find out where we will be in the community or to schedule a virtual appointment, please visit https://web.bcpa.net/ExemptionExpress.

If my office can ever be of assistance to you, please do not hesitate to contact me directly at martykiar@bcpa.net.

Israel Network

By Linda Storfer



If you have relatives living in Israel or if you support Israel, we welcome you to join us every month on Thursday mornings from 11:00 a.m. - 12:30 p.m. in the Ballrooms B and C. Our monthly meetings are held on the 4th Thursday of the month unless otherwise noted. We are not a religious or political group but rather a social and advocacy group of individuals who are united by our love and support of Israel, the only Democratic country in the Mideast. Annual dues are $15 per person or $30 per couple which covers all meetings except for special events.

On November 19th we are pleased to announce that Rabbi Michelle Goldsmith, Spiritual leader of Temple Beth Am in Margate will be speaking. Rabbi Goldsmith will explore the relationship between Israel, Zionism, Jewish identity, belonging and criticism of Israel. Refreshments will be served and raffle prizes will be given out. If you wish to have more information about joining, please contact Ellen at 954-822-8601. To make a reservation please call 412-818-6883.





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Elegy for a Golf Cart

By Linda Lewis-Moors

A sad goodbye, gone with a sigh,
I bid farewell with tears.
My broken heart, so sad to part
My constant through the years.

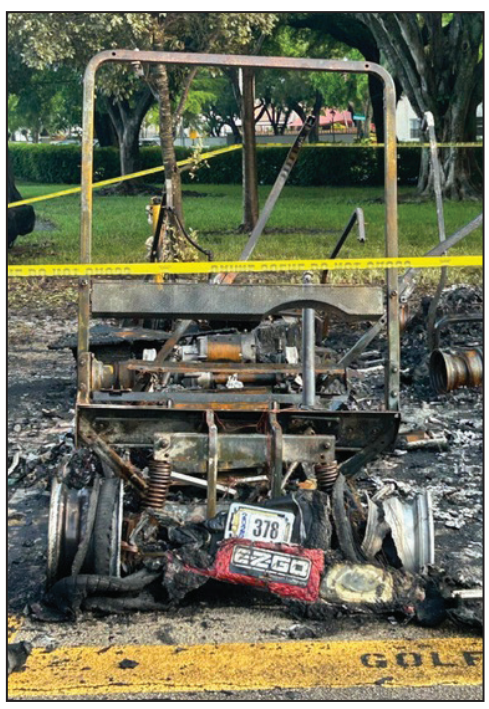
I drove with pride my ruby ride
To golf and get around
Until that day, after my play,
It burned right to the ground.

The violent fire grew higher and higher
Consuming as it soared
As one by one sounds like a gun
Into the maelstrom roared.

My tires blew and others', too.
My lovely cart remains
A twisted hunk, metallic junk
Abandoned to the rains.



Before the fire



After the fire

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OPEN CAPTIONS, WHEN AVAILABLE:
Tuesday at 2:00 pm & Sunday at 7:30 pm

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THE ODYSSEY

2 Hours, 52 minutes

Starring Matt Damon, Tom Holland, and Anne Hathaway. After the Trojan War, Odysseus faces a dangerous voyage back to Ithaca, meeting creatures like the Cyclops Polyphemus, Sirens, and Calypso along the way.
Rated R for violence and some language.

Sunday — Nov 1st
2:00 pm & 7:30 pm



PRIMETIME

1 Hours, 49 minutes

Starring Robert Pattinson, Merritt Wever, and Skyler Gisondo. In 2006, To Catch a Predator host Chris Hansen sets out to make television history.
Rated R for disturbing sexual material, graphic nudity, some violent content, and language.

Tuesday — Nov 3rd
2:00 pm & 7:30 pm

Sunday — Nov 8th
2:00 pm & 7:30 pm

WYNMOOR THEATRE POLICIES

- No food or beverages are permitted in the theatre, except bottled water.
- Movies are subject to change without notice.
- Guests under the age of 15 are not permitted in the theatre.
- All sales are final; no refunds or exchanges.
- Please be considerate of others and avoid wearing strong perfumes or colognes due to possible allergies.
- All guests must be accompanied by a Wynmoor resident with a valid Wynmoor ID.



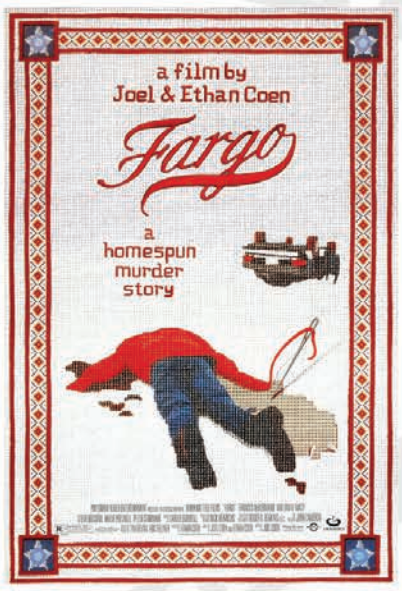
FOCKER IN-LAW

1 Hour, 45 minutes

Starring Skyler Gisondo, Robert De Niro, and Owen Wilson. A young man named Henry, son of Greg and Pam Focker, faces family chaos when he decides to marry a strong-willed woman who appears to be his complete mismatch.
Rated PG-13 for strong language, and suggestive references.

Tuesday — Nov 10th
2:00 pm & 7:30 pm

Sunday — Nov 15th
2:00 pm & 7:30 pm



FARGO

1 Hour, 38 minutes

Starring William H. Macy, Frances McDormand, and Steve Buscemi. A car salesman's inept crime falls apart due to his and his henchmen's bungling and the persistent police work of a dogged detective.
Rated R for strong violence, language and sexuality.

Tuesday — Nov 17th
2:00 pm & 7:30 pm

Sunday — Nov 22nd
2:00 pm & 7:30 pm



PRACTICAL MAGIC 2

2 Hours, 10 minutes

Starring Sandra Bullock, Dianne Wiest, and Stockard Channing. A multi-generational family of witches, cursed to be loveless for centuries, attempts to break the spell by confronting dark secrets and sacrificing for each other. ***Rated PG-13 for some violent content, suggestive material and brief strong language.***

Tuesday — Nov 24th
2:00 pm & 7:30 pm

Sunday — Nov 29th
2:00 pm & 7:30 pm

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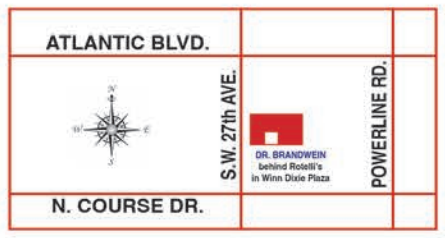
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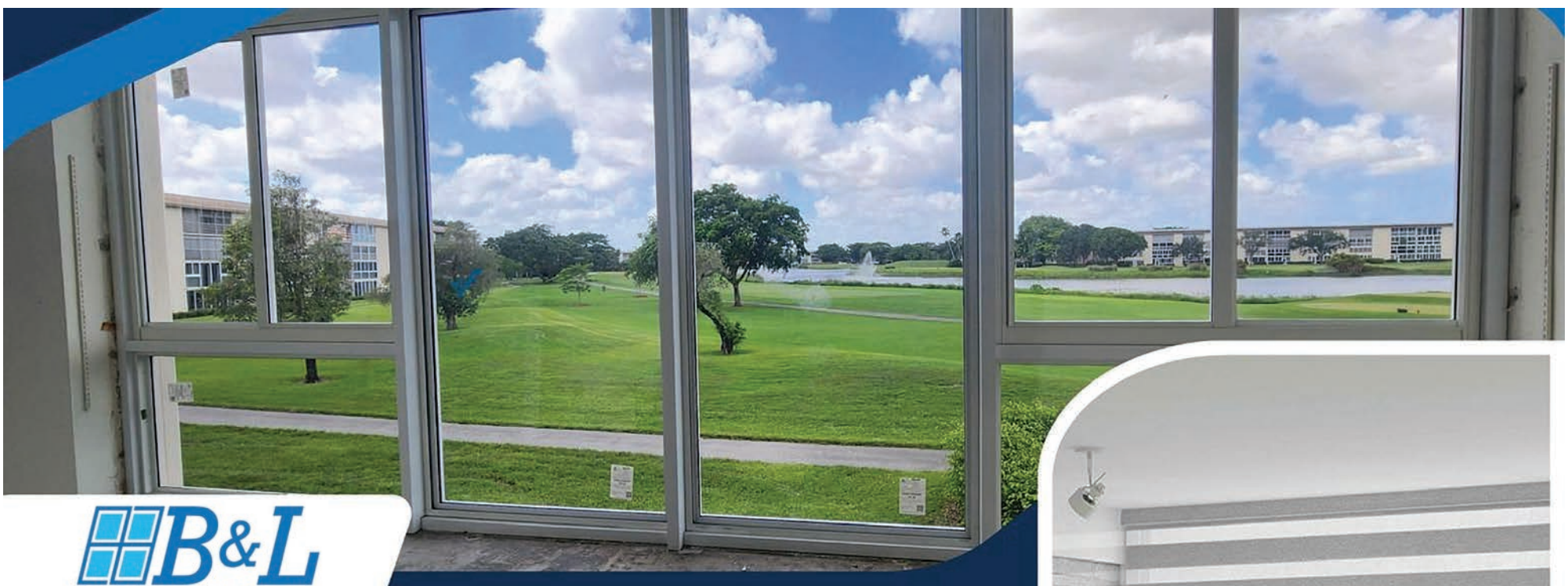
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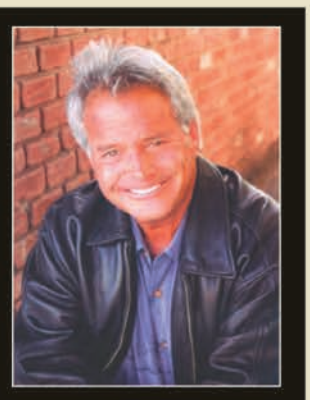
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Legal Plan Checklist to Protect Yourself

By Attorney Martin Zevin

I have touched on these subjects in many articles. **Here is a condensed checklist.**



1. Current Advanced Care Directives:

A. Designation of Health Care Surrogate for someone to make your medical decisions if you cannot communicate. Even if you are married, you MUST have this legal document and it needs to be current and done by a Florida lawyer. Do NOT rely on generic forms or a document you got from your doctor or a hospital or out of state documents.

B. Living Will. Very specific Florida language regarding "pulling the plug." Must be witnessed and notarized and designate someone to make the final decision

C. Durable Power of Attorney. Covers legal and financial matters while you are alive. Again, needs to be done by a lawyer who is aware of current Florida law, including many specific powers that must be initialed by you to be valid. Our current document is 26 pages. When you die, the advanced care directives die with you.

2. Last Will and Testament. If you are a Florida resident, you should have a Florida Will and your Personal Representative (Executor) must be a Florida resident OR a blood relative.

3. If you own real estate, in Florida or elsewhere, you need one of these to avoid probate when you die.

A. Life Estate Deed: You own property for the rest of your life and you designate someone on the Deed to inherit it without probate when you die. Be sure it is an "enhanced" (also known as "Lady Bird") Deed to allow you to sell it without consent or joinder of the person you name.

B. Trust and Deed transferring property to you (and your spouse) as Trustee(s) of your Trust. This allows you to name contingent beneficiaries if your first choice dies before you or with you in a common accident. The Revocable Living Trust also allows you to buy future properties as Trustee and to Amend the Trust at any time while you are alive. The Deed to your home should have language confirming that it remains your homestead.

Talk to your lawyer about the risks of a Life Estate Deed versus no risks for the Trust.

The above documents should be done with the assistance of an Estate Planning Attorney. The following need to be done by you personally:

4. Designate beneficiaries on ALL of your accounts to avoid probate. This is also known as payable on death (p.o.d.), transfer on death (t.o.d.) or in trust for (i.t.f.). Also designate contingent beneficiaries. Each institution has its own forms, but it should not cost you anything except some time.

5. If you know that you want to be cremated or buried, contact cremation societies or funeral homes to discuss pre-need plans. You will be signing a contract to pre-pay for your funeral, saving your loved ones a lot of stress, time and money. Be sure to give a copy of your contract to your primary and contingent Personal Representative so they will know who to call.

6. Have car insurance that includes at least $100,000 of bodily injury liability (b.i.) and uninsured motorist (u.m.). Do not have any deductible on your P.I.P. (no fault). If you own more than one car, consider "stacking", which allows you to double (two cars) or triple (three cars) your uninsured motorist coverage for a small additional premium. Uninsured motorist is the most important insurance you can have, since Florida does not require bodily injury coverage.

If you do all the homework on this list, you are well on your way to getting an "A" in Legalities of Life 101.

I am available for a free phone consultation regarding Estate Planning. Call me at 954-569-4878. My address is 3275 W. Hillsboro Blvd., Suite 204, Deerfield Beach, Florida 33442. My website is www.martinzevinpa.com and my e-mail address is martinzevin@netzero.com

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Martin Zevin, head of the firm, has been practicing in the areas of Personal Injury, Wills, Trusts & Estates in Broward & Palm Beach Counties since 1973.



Martin Zevin

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During this current time of social distancing, I have been consulting with clients via phone, e-mail and regular mail. In the past, my free initial consultation would normally be a personal meeting.

We offer free consultations for all personal injury cases, including car accidents, slip and fall, pedestrians, bicyclists, etc.

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Included in free consultation for Wills, Trusts and Estates:

1. What are the differences between a Will and a Revocable Living Trust?
2. What is Probate, how long does it take and what are the costs and attorney's fees?
3. Why is it important for every adult to have a Durable Power of Attorney, Designation of Health Care Surrogate and Living Will?
4. Review of your current legal documents.

Included in free consultation for personal injury:

1. How much is your case worth?
2. How long will it take to settle or go to court?
3. How much for costs and attorney's fees?
4. Referrals to doctors.
5. Review of your car insurance.

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DEMOCRATIC CLUB

By Enid Wolf-Schein

The Florida election on November 3 is coming close to home. On the morning of October 5th, the Wynmoor Country Club Ballroom was filled to capacity with residents eager to hear the endorsement of David Jolly for Governor by Rahm Emanuel. After a brief introduction by Democratic Club President Alan Weiner, Florida Senator Tina Polsky introduced the two main speakers. It was a honor for Wynmoor to be chosen as a site for this event.



















Sukkot Brunch at Chabad

By Leeba Gansburg

Our bi-monthly Parsha class gathered on Wednesday of Sukkot for a lovely brunch in the sukkah. With beautiful weather, delicious food, and uplifting music, we enjoyed a wonderful morning of friendship, learning, and inspiration as we explored the deeper meaning and significance of the sukkah.











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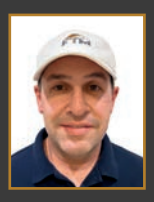
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PLEASE CONTACT CLUB PRESIDENTS FOR FURTHER CLUB INFORMATION.

B

Ballet Exercise 954-973-7740
Belly Dance Exercise 954-439-0313
Ben's Friends Art Club 954-933-7755
Billiard & Pool Club 516-582-8327
or wynmoorpoolclub@gmail.com
Bocce Club 954-400-9302
Bookies Book Review 754-231-6368
Bridge 561-676-9390

C

Canasta 954-822-6245
Ceramics Club 450-567-2950
Chess Club 917-548-5120
Clay Sculpture 514-704-4497
Conservative Club 954-592-2276
Current Events 954-933-7743

D

Democratic Club of Wynmoor 305-720-5860
Drawing/Painting Workshop 847-338-5962

E

Eastern European Social 267-688-2580

F

Fishing Club 516-526-5313
Fun with Friends 973-820-1392
or FunWithFriendsWyn2@Gmail.com

G

Glass Kiln Club 416-432-1280
Golf Association 954-971-6544
Great To be Alive (GTA) 954-590-8823
Guys & Dolls 954-971-6544

H

Hadassah 954-612-1629
Health & Wellness Club 954-971-9538

L

Ladies Golf Association 282-374-2672
Latin Women's Club 954-676-2773

M

Mah Jongg (Monday) 954-822-6245
Mah Jongg (Friday) 954-822-6245
Monday Night Dance & Social Club 954-867-8774

N

Nature & Arts Club 215-760-4606
Needlework Club 908-239-0010

P

Photography Club 917-359-7181
Pickleball Club 203-589-7733
Pottery Club 631-495-4868

R

S

Shades of Color 954-984-3672
Social Duplicate Bridge (Tuesday) 954-970-3456
Social Duplicate Bridge (Friday) 954-973-1223
Stained Glass Club 727-237-8540
Stone Sculpture 954-979-0774

T

Tennis Club 516-302-5229

U

US Club 954-984-2801

V

The Video Club 954-305-4527

W

Women's Non-Fiction Book Club 954-972-6231
Woodshop Club 401-575-8311
Writers Workshop 954-973-2181
Wynmoor Short Film Festival 954-295-1551
or threebridgepub@aol.com

Clubs and Activities

All Wynmoor Clubs (regardless of name) are open to Wynmoor residents. Dues may be applicable. To publish your club info here, please email your submission to: wynmoorads@aol.com. The deadline is the 10th of the month, for the next month's issue. Thank you in advance! Please contact the Club President for more information.

Belly Dance Club

By Iris Arlan

The Wynmoor Belly Dance Club welcomes residents back for dancing, friendship, and fun. Classes meet every Tuesday at 2:30 p.m. Check the flyers in the library for meeting locations.

Classes are free for Wynmoor residents, and beginners are welcome—no prior dance experience is required. Participants can enjoy movement at their own pace while building confidence and connecting with a supportive group. We look forward to having you join us.

For information contact Iris Arlan at 954-532-5268.

Ben's Friends Art Club

By Enid Wolf-Schein

Ben's Friends Art Club meets every Saturday morning from 9:00 a.m. - 12:00 p.m. in the Country Club Art Studio. In addition to encouraging members to try painting in every format there is lots of camaraderie. We have several brunch meetings a year in the *Cafe on the Green* with different color schemes. Everyone is welcome to join. Dues are $10 a year. For more information call Rene at 954-933-7755.

Billiard & Pool Club

By Bob Horowitz

Have A/C indoor fun and meet new friends! Players of all skill levels are welcome. The Room is open 7 days a week from 8:00 a.m. - 11:00 p.m.

All residents and their guests* are welcome to play at the Wynmoor Billiards and Pool Room located in the Wynmoor Country Club building, next to the library. Boasting 14 tournament grade regulation size pool tables, 4 heated - 3 cushion billiard tables, and one regulation snooker table.

This Pool & Billiard Room has been called the best Pool, Billiard, and Snooker venue, public or private, in all South Florida. Please have your Wynmoor I.D. with you. *Guests must be registered at the Recreation Department, or with the guard at the Clubhouse, or must be accompanied by a resident.

Wynmoor residents can join the Wynmoor Billiards and Pool Club to participate in additional fun events. Past events included Karaoke Night, Comedy Club Night, Group BBQ & Dance, Picnic at *the Cove* with live music, Club Pool & Billiard Tournaments, and other social events for couples and singles.

The cost to join the Wynmoor Billiard and Pool Club is $10 per year.

FREE POOL LESSONS: Put your name / phone # / Address on an envelope requesting lessons in the lockbox in the room or e-mail Wynmoorpoolclub@gmail.com.

Bocce Ball Club

By Jim Erickson

Calling All New Players! The Bocce Ball Club led by Jim Erickson is looking for new members to join the fun!

Here's what you need to know:

- Two Player Groups: Choose the schedule that fits you best!
- Early Birds play Monday through Sunday from 7:30 - 10:00 a.m.
- Mid-Morning Group play Mon. and Sat. from 10:00 a.m. - 12:00 p.m.
- Affordable Dues: Membership is only $10 per year!
- Skill Level: All are welcome, regardless of experience.

It's a wonderful way to enjoy some fresh air, gentle exercise, and great company. Whether you're a complete beginner or have played before, you'll find a friendly group ready to welcome you. Give us a call and come see what makes our bocce club so enjoyable. Ready to join? Contact Jim Erickson at 954-400-9302 for more information.

Bookies

By Sharon Curtis

Here is our upcoming schedule: November 3rd MARCH by Geraldine Brooks. **Our community has its own precinct and that is Election Day.** December 1st THE LAKE EFFECT Cynthia D'Aprix Sweeney.

2027: January 5th WHISTLER by Ann Patchett, February 2nd THEO OF GOLDEN by Allen Levi moderator, March 2nd NOT A REAL ENEMY presentation by author, Robert Wolfe, April 6th THE FROZEN RIVER by

Clubs and Activities

Ariel Lawhon, May 4th THE GOD OF THE WOODS by Liz Moore.

Meetings are held the first Tuesday of the month at 3:00 p.m. in Card Room 4 in the East Wing of the Wynmoor Theater. Join us for an afternoon of lively discussion along with fun and laughter. We welcome all book lovers. For more information email, scwine101@gmail.com. Please include your phone number.

Bridge Club

By Ron Myers

Bridge players of all levels are welcome to join us in the East Wing of the theater building for our ACBL-sponsored duplicate games. We play on Tuesdays and Fridays at 12:30 p.m. (please arrive no later than 12:15 p.m.) Bob Buchner is offering free bridge lessons for new and experienced players. Lessons are Tuesdays from 11:30 a.m. - 12:15 p.m.

There will be a bridge club Luncheon November 20th. Lunch includes bridge and costs $20 for members and $23 for non-members. David Tooker will be taking reservations and payment.

Mark your calendar for the annual New Year's Eve game night sponsored by the Bridge Club.

Catered dinner followed by a variety of table games. Tickets are $40 and can be purchased in the Wynmoor Library on Wednesdays from 2:00 - 4:00 p.m. and at the Tuesday and Friday bridge games.

For further information please email us at wynmoorbridge@yahoo.com.

Ceramics Club

By Tamara Tresniowski

Our club offers a wonderful place to be creative and meet new friends. Come in and sign up for our 4-session new member class. We have hundreds of molds to choose from all at prices from $1 to $3, that make wonderful gifts. Our new member class is $40, and you get lessons and a set of paints and tools to get your journey started. Dues are $15. Our club is located at the clubhouse, and our new hours are Monday – Friday from 9:00 a.m. - 1:00 p.m

Chess Club

Plays Every Tuesday Evening

By Hillel Cohen

The club has been meeting regularly throughout the summer and now we are ready to welcome back both new and returning players. The Chess Club meets every **Tuesday Evening** from 6:30 to about 9:30 p.m. in Card Room 1 at the Clubhouse. It's indoors and air-conditioned, so we meet no matter the weather, unless of course there is a hurricane going on. If you have played at the club before, come back and meet some of the new players. If you haven't participated before, what are you waiting for? Perhaps you haven't played since high school and you're wondering if you remember enough? We hear that a lot, because most of us hadn't played in years. So, stop wondering and start playing and you'll be surprised how quickly it will come back. The Wynmoor Chess Club welcomes all players at all levels. And if you play online or against a computer, come and experience the difference of face-to-face play. There are no dues and no fees. Chess sets are provided. Games are casual and relaxed. No one's keeping score or rankings. The point is to have a pleasant time while exercising our brains.

Clay Sculpture Club

By Sandy Werner

We are a mature community at Wynmoor; our art is a statement of our time. We love what we do, and the atmosphere in our studio is welcoming. We play music, we teach each other, we laugh and we learn together. Please join us. We are active all year, even during the summer months. Call John Laurenzano at 954-798-7509 for information about our schedule.

Conservative Club

By Andrea Joy Frankel-Bellitto

The Conservative Club of Wynmoor is so happy for the return of Cathi Chamberlain, author and speaker. She has written many books which include *Rules for Deplorables* and her resent book *Rules for RINOs*. I have read both and they are superb.

Cathi has been a guest at out podium many times and each time she is a resounding success. She will have her book for purchase. If you have not read them, I highly recommend you do.

Our meeting will be on Tuesday, November 17th at 7:00 p.m. at the Wynmoor Clubhouse Ballroom A.

Since this writing is before the election, I do not know the results of November 3rd so I wish all our candidates the best of luck in their races. Also, from our club we want to wish ALL Veterans on November 11th a shout out for Veterans' Remembrance Day! There are not enough words to thank all our Vets for what that have given to our nation! We are a volunteer military, and you all stepped up to the plate and we could not thank you more. God bless you and God bless The United States of America. Finally, Happy Thanksgiving from all our members! We have so much to be grateful for.

We welcome back our northern friends, and we are looking forward to seeing all of you!

Current Events

By Susan Myers

Please join us each week as we discuss various topics of interest to Wynmoor residents who get together every Tuesday morning from 10:00 - 11:30 a.m. in Card Room 1 within the Country Club area. Topics vary depending on the needs of the individual speaking. We begin each meeting with news related to Wynmoor management issues based on their most recent meetings. Following each meeting, we often get together for lunch. You are always welcome!

Call David Behr at 954-975-9191 and Susan Myers at 954-933-7743.

Democratic Club

By Alan Weiner

To no one's surprise, the month of October started out with a BANG. October 6th was the meeting that showcased the next Governor of the State of Florida David Jolly, along with him on the day was Ralm Emanuel and introducing them was Tina Polsky. David's address to the group of over 300 plus people was invigorating, informative, and reiterated exactly what he would like to see for the state, and if that wasn't enough, Ralm was on point with why David will be the next Governor.

To follow that up on October 7th Sheila Rose Coconut Creek Manager and Marty Kiar Broward County Property Appraiser each showing where we are and what happens if Amendment 3 passes. Another 200 plus members showed up for this most informative meeting.

As of this writing our Old Time Rally has not taken place. I know it is going to be a blast. **No Meeting On November 3rd.**

This is my hope on November 4th we will be celebrating then we turn our sites to November 2028 for a new President and get rid of the non-leadership that is in the White House.

Drawing and Painting Club

By Beatrice Horowitz

Club members gather on Wednesday afternoons from 1:00 - 4:00 p.m. in the Clubhouse art studio to work on their art, socialize and exchange ideas. We run year-round and welcome new members anytime. Dues are $10 a year, small lockers are available for active members on a first come first serve basis. Stop by or contact beatrice.horowitz@gmail.com.

Fishing Club

By Paul Villano

Fishing Club of Wynmoor has an exciting 2026-2027 Season planned. Our meetings are held on the first Monday of every month from 3:00 - 4:30 p.m. in Ballroom C.

Mark these meeting dates on your calendar: December 7th; January 4th; February 1st; March 1st; April 5th.

Learn about our local waters from guest speakers and local pros. Dues $10 individual $15 couple. For More Information and an application visit the Library Club Carousel or email fishingclubwynmoor@yahoo.com or call/text Paul at 516-526-5313.

Fun With Friends 2

By Benjamin Zoe

Renewal for our May 2026 to April 2027 season memberships has commenced. Please log on to our website to renew your membership. Our next dance will be on Sunday, November 15th and will feature Gypsy Lane. Dance registrations will ONLY be made available via our website https://wynmoorfwf2.com/ beginning on November 1st. Please use the website to purchase memberships and tickets.

THE GYPSY LANE BAND



Gypsy Lane is a premiere party and show band. The group offers a diverse repertoire that spans the musical spectrum. From Motown to reggae, soul to funk, disco to hip hop. You'll be sure to "shake your

Continued on page 58

Clubs and Activities

Continued from page 57

booty" to the party sounds of Gypsy Lane.

Seating purchases will be sold on a first come, first served basis. The cost to attend is $10 for members and $20 for non-members. **No Tickets Will Be Sold After November 10th.**

Membership does not guarantee dance admission due to the Ballroom's legal occupancy limits. For all other info. email: admin@wynmoorfwf2.com

Glass Kiln Club

By Vicki Mitchell

New members are trained at the beginning of each season by club President Oreet Fagen, and there is much to learn! Selecting your glass, cutting it, grinding it, tacking or fusing it, and selecting your mold to slump it are some of the steps in creating the beautiful works that result from these efforts. Jewelry, bowls, dishes, serving pieces, candle holders, night lights, ocean waves, village scenes and free form sculptures are just some of the creative pieces being produced. We also have the chance to learn new techniques and get new ideas from Oreet at the beginning of each season. The club has monthly breakfast meetings and participates in the Art Walk and upcoming Art Show. Club officers, in addition to President Oreet Fagen, include Vice-president Sharon Schultz, Treasurer Lenny Fagen, and Secretary Judy Platt.

Health and Wellness Club

By Hope Myers

Need more information contact Hope Myers, President at 954-971-9538.

Mah Jongg Club

By Judy Palma

For more information, please contact Judy Palma at 609-577-5946 or Nancy Smith at 954-610-1539, or send an email to nancylsmith1021@gmail.com.

Monday Night Dance and Social Club

By Tamara Tresniowski

Happy Thanksgiving! Holiday season is upon us, and we are going to celebrate it all. Our month starts November 2nd with Breakfast at Tiffany's night. Ladies pull out your little black dress and learn to waltz to Moon River. November 9th is our first very special event in November, The Monday Night Dance And Social Club New Year Celebration. Tickets are $15 when bought in advance, $20 for guests and they are $20 at the door for everyone. November 16th is Animal Print Night. The lesson will be Jerusalema. November 23rd will be our Thanksgiving celebration (lesson to be announced) and finally, November 30th come join our Pajama Party (lesson to be announced). The dances are every Monday in the ballroom, 6:30 - 9:30 p.m., members are $2 and Guests are $5.

Nature And Arts Club

By Linda Storfer

Our membership drive is up and running and is in high gear. Welcome to another great season of the Nature and Arts Club. Our opening breakfast and trip will begin in December, but new membership and membership renewals are currently in operation.

In next month's edition of the Insider, we will be announcing the coming season's new trips and breakfast speakers. We are still seeking volunteers for Board positions and others who would like to help out with our breakfasts and trips as servers and check in monitors for trips.

Our first meeting will be held on Thursday, December 3rd in the Grand Ballroom near the Cove where we will presenting Ty Tabing, Director of Pompano Beach Cultural Affairs who will discuss his role in shaping the city's art initiatives.

Dues are $15 per person, no cash please, only checks. Couples may write one check for both members.

Make your check payable to: Wynmoor Nature and Arts Club. Deposit it in the club's white box located inside the 1st floor storage room (door beside the mailboxes) of 2001 Granada Drive. Write your name, phone number, email, and birthday month on the envelope OR mail your check to: Doris Fagin, 2001 Granada Drive, Apt. K2, Coconut Creek, FL 33066. Put your name, phone number, email, and birthday month on a slip of paper inside the envelope.

Join a Club ~ Bring A Friend!

Needlework Click

By Myrna Berger

The weather may not feel it, but the calendar tells us that Fall is coming and so are holidays. Holidays mean gift giving and maybe you, needlework artisan, are thinking of a gift you would like to make for someone special. Or you can also join our group where members make lovely gifts, like baby outfits and lap blankets to donate to various Florida charities. Create, share and get help, if needed, from our very friendly members on your projects. At the same time, enjoy a cup of coffee, tea or a sweet snack provided by our members also. November get-togethers are on the 10th and 24th in West Wing 1 (with stage), from 1:00 - 4:00 p.m. Know someone that would like to donate yarn or needlework supplies to our club, please call President, Barbara Billelo at 908-239-0010. We meet all year long and do not have membership dues. Looking forward to meeting you.

Night Tennis

By Jo Ann Perreault

The Night Tennis program has been run for 16 years under the guidance of Jo Ann Perreault and Dennis Levans. Every Monday, Tuesday, and Thursday nights from 6:30 - 8:00 p.m., with a warmup period beginning at 6:15 p.m., they shepherd players to a good time.

Monday and Tuesday fee of a dollar is requested, no charge on Thursdays. The money collected is used to purchase balls, so they always play with new balls, and the surplus funds are used for pizza parties. The required skill level is 3.0 – meaning being able to serve, and return serve effectively and to maintain one's part in a rally. If this describes your ability, please come, and join the players for exercise and socializing under the lights.

Photography Club

By Jennifer James

We hope you have been enjoying our members' photos in the publications. If you love taking photos and wish to improve your camera/cell phone skills while meeting like-minded people, then the Photography Club is for you! Dues are $10 for individuals/$15 per couple (first meeting is free). Our upcoming season begins on Wednesday, November 18th, from 3:00 - 5:00 p.m. in the Lecture Hall. Subsequent meetings occurring from December through April will be held the first and third Wednesday of every month in Grand Ballroom A. The season will feature guest speakers/photographers, instructional lessons, and showing off your photos at club meetings. We will also have occasional field trips to hone your skills.

This season we will be holding elections for the Executive Board in December. We need your help and input to make the season successful! If you are interested in planning and playing an active role in the Photography Club, please contact me at jenjamesphoto@aol.com or 917-359-7181.

Pickleball Club

By Susan Barbini

The Wynmoor Pickleball Club is more than just a place to play pickleball. It's a vibrant, dynamic social community where friendships are formed, skills are developed, and fun is always on the schedule.

This season promises to be one of our best yet, with exciting activities both on and off the courts. Along with lessons for players of all skill levels and plenty of opportunities for friendly competition, we're also planning several social events, including our popular themed dances that bring members together for an evening of music, laughter, and entertainment.

Whether you're looking to improve your game, meet new friends, enjoy social interactions, or simply have fun in a welcoming environment, the Wynmoor Pickleball Club has something for everyone. Our club continues to grow because of the incredible sense of community shared by our members.

Come experience the energy, camaraderie, and excitement that make our club so special. To learn more or become a member, visit https://wynmoorpcw.com or stop by the courts on a weekend. We'd love to meet you!

Pottery Club

By Edwin Meyer

The Pottery Club continues to evolve. We have implemented a system to have membership be a larger part of our management and decision making along with the Board. For example, our first post-Covid graduates among other newbies have become so proficient in their area of interest that the students have now become the teachers and suggested we begin monthly reviews of basic techniques depending on need for members who for no fault of their own have been unable to develop their skills. We now offer monthly reviews of basic techniques which are also a plus for returning snowbirds.

Clubs and Activities

Stone Carving Club

By Gil Savitzky

We welcome new members with previous skills or those who have never carved stone. Please contact Gil Savitzky at 516-318-7272 or Loetita Capeloto at 954-895-3145.

Please stop by any Wednesday between 1:00 - 4:00 p.m. and see first-hand how this is done. Looking forward to seeing you.

US Club

By Ceil Eitman

Get ready for a night of great entertainment featuring The Ultimate Rod Stewart Tribute on Tuesday, November 10th. Enjoy decades of classic hits like "Maggie May," "Sailing," "Da Ya Think I'm Sexy," "Baby Jane," "Forever Young," and more!

• November reserved tables of 12 for 2026 members will be honored. $9pp.

• Payment due by November 1st for the November 10th Rod Stewart Tribute Show.

• Payment to: Estelle Moritz: 412-818-6883 or Marlene Cohn: 954-973-3437.

Due to overwhelming requests to join the US Club we cannot accommodate any new members or guests for this season.

• 2027 Membership Dues of $15pp will be accepted at the door.

• Please note that starting November 15th thru December 1st reserved tables of 12 for 2026-2027 members can be taken for the December 8th show, KC 70's Flashback.

For questions call Ceil Eitman, President at 973-513-1591.

WGA

By Nathalie Carlson

The men's Thursday tournaments have resumed. Please sign up if interested in playing. Different formats each week.

For more information on the WGA tournaments or membership requirements please contact John Railey at 917-763-7398 or Mike Ramati at 954-654-2648.

WLGA

By Linda Sue Lewis-Moors

WLGA members enjoy weekly league play each Tuesday morning throughout the year. We welcome 9-hole and 18-hole women golfers to join our association and enjoy our variety of fun activities. For more information, please contact WLGA president Karen Beckman at 262-374-2672.

Women's Pool Group "The MsCues"

By Bob Horowitz

Have fun and meet new friends! Players of all skill levels are welcome. We meet every Tuesday from 3:00 - 5:00 p.m. at the A/C indoor Wynmoor Billiard and Pool Room located in the Wynmoor Country Club, next to the library. Please have your Wynmoor I.D. with you.

MsCues Members are members of the Wynmoor Billiards and Pool Club and can participate in additional fun events. Past events included Karaoke Night, Comedy Club Night, Group BBQ & Dance, Picnic at the Cove with live music, Club Pool & Billiard Tournaments, and other social events for couples and singles.

Any questions about the MsCues contact Carol at cas242@hotmail.com or call 978-979-1681. The cost to join the Wynmoor Billiard and Pool Club is $10 per year.



FREE POOL LESSONS: Put your name / phone # / address on an envelope requesting lessons in the lockbox in the room or e-mail Wynmoorpoolclub@gmail.com.

Woodworking Club

By Ernie Fleury

The Wynmoor Woodworking Club is open 7 days a week from 9:00 a.m. to about 4:00 p.m. We are located at the east end of the Clubhouse. There is a club officer present daily and inquires can be addressed by most members present at that time.

Writers' Workshop

By Dr. Judy A. Weissman

November already? Before the year ends, channel your writing to the Writers' Workshop. Gain feedback, support, & inspiration. Contact Nancy Moskowitz, President, laughlady55@aol.com.

Wynmoor Hadassah

By Judy Goldman

Thank you to the doctors who made our October General meeting so informative. Many of our questions about Women's Health Issues were answered.

November 4th is our next Hadassah meeting at 12:45 p.m. in the West Wing. The topic is "Planning for the What if in Life". Hope to see you there.

At our November meeting we again will collect toys for Chanukah for the children at JAFCO. Please DO NOT wrap the toys. The children are ages infant to teenagers. If you cannot attend the meeting but want to donate, please call me at 954-610-9459 to make arrangements to drop them off.

The Committee is working hard for our Women's Seder on April 14, 2027. Please mark your calendar for April 14, 2027. If you plan to go back up north, consider leaving after our seder. Ronnie Weber is Chairperson of the Seder Committee. Please call Ronnie if you are interested in being on the Women's Seder Committee or to find out more information call Ronnie at 914-661-9570.

Looking to send Condolence or Simca cards? Please call Bernice Ribeck at 954-864-0322. Bernice has a new selection of cards and certificates.

Looking forward to seeing everyone on November 4th. For questions, please call Judy Goldman, Chapter President at 954-610-9459

Wynmoor Short Film Festival

By Enid Wolf-Schein

One of our most popular films "The Affair to Remember" written and directed by Wynmoor resident Marcus Wolf, which premiered last March 2026 here at our Festival, has been selected for the Savior-Faire Shorts Festival in 2026. The festival will be held November 4-8th, at The Savor Cinema in Fort Lauderdale. This Festival is open to the public, and it is a real honor to be part of it. This movie has been doing well in other festivals, as well. It made the semi-finals in the following festivals: Philadelphia International Filmmaker Awards, Chicago Filmmaker Awards, Cleveland Arthouse Film Awards, Kyoto Independent Film Festival, Austin International Art Festival, Berlin Shorts Awards.

We are still looking for film submissions for the 2027 Wynmoor Short Film Festival. Films can be up to 8 minutes. Topics can vary. What you think would be interesting for your Wynmoor neighbors. For more information email threebridgepub@aol.com

Wynmoor Video Club

By Eddie Dex

The Wynmoor Video Club's members are people who enjoy creating videos that are being made BY and FOR the residents of Wynmoor. The club has a selection of cameras, wireless microphones, lights and a great, easy to use, editing system that can accept videos from cell phones, emails or over the internet. We enjoy capturing and sharing the fun and excitement of Wynmoor people's lives, events and vacation travels. Many local Wynmoor residents have had fascinating life stories to share in our interviews. Suggestions about other new videos and active club member contributions are welcome.

Please contact us through the club email address at Wynmoorvideo@gmail.com or call Eddie Dex at 954-305-4627.

Watch our Video Club videos… on Facebook at Wynmoor Video Club, on YouTube at Wynmoor Video Club, or on YouTube at Wynmoor Community Television, Playlist.

There is Something for Everyone at Wynmoor

DON'T BE A VICTIM

Safety Solutions

By Scotty Leamon, Public Safety Information Officer, Coconut Creek Police Department

Avoid Medicare Fraud With These Tips



We are a couple of weeks into annual Medicare Open Enrollment. Which means the bad guys are a couple of weeks into trying to scam you by stealing your Medicare number.

The fraudsters use the number for a variety of different reasons, from setting up phony billing services to charging the government for equipment or supplies they claim to have never received. Some consumer advocates put the number at around $60 billion dollars that is fraudulently distributed through Medicare in one form or another every year.

Scammers usually target you with promises of free medical equipment or offer you something they think you need in exchange for your Medicare number. They don't have to say they're from the government either. They can call or email posing as someone from your doctor's office, your pharmacy, or even your health plan.

A lot of them will claim all they want to do is verify your number, asking you to give it to them first, because they don't actually have it.

Red flags that you're being targeted include unexpected calls or emails requesting your Medicare number, contact about medical services you never received, and benefit notices with products you never ordered. Usually, the fraudsters will know a little bit about you. For example, they may know your name, your address, and your phone number. They can retrieve that information via public records or buy it from other scammers who've already mined that data.

The best way to protect yourself is to think of your Medicare number as one of your credit card numbers. I betcha wouldn't give out your credit card numbers to someone over the phone looking to "verify" them, would you? Be wary of any high-pressure tactics where the caller wants you to act immediately. They're trying to pressure you into a mistake. Never accept any equipment, supplies, or testing kits simply because the caller claims "Medicare will pay for it."

If you gave out your number, or you think it could be compromised, call 1-800-MEDICARE, or 1-800-633-4227, for help. In fact, if you get a call from someone telling you they're from Medicare, I want you to hang up and then call that 800 number. No one from Medicare will ever call you on the phone. Florida also has its own Medicare fraud hotline – 1-800-96-ELDER, or 1-800-963-5337.

The state of Florida calls it "Operation Senior Shield." It's an awareness program they run every year during open enrollment to prevent folks from getting scammed. This is where I got all this good information.

They encourage you to look at your statements every now and then as well, as that's a great way to pick up on possible fraud. If something doesn't add up, that's the time to start asking questions.

The bottom line is to be alert and safeguard your Medicare number. It belongs to you and no one else. And this is the time of year when the fraudsters may go fishing for it. You don't wanna bite.

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Important Telephone Numbers

Advisory Board For Disability In Broward County

By Roz Greenberg

As a member of the Broward County Disability Advisory Board, I have the opportunity to share important information with residents of Coconut Creek and surrounding counties. This information is intended for individuals living alone, as well as for family members and caregivers who may be facing disability-related concerns that need to be addressed.

The Aging Disability Resource Center Referral Program 954-745-9779
The Area Agency on Aging of Broward County Elder Affairs Florida 954-745-9567
Mission United proudly serving those who have served in the military 954-4UNITED (486-4833)
Free Library Service for the Blind and Physically Handicapped Individuals 1-888-NLS-READ
Broward County Trauma Services 954-357-5234
211 Touchline - If you live alone they will check on you daily, on your well-being. 954-640-5800
211 Non-emergencies, 988 Suicide and Crisis, 911 Emergencies are numbers to call also.
Captel for people with hearing loss. Outreach Educator 954-415-6469
Uber Assist .....1-800-use uber (763-8237)
Tops Transit 1-866-682-2258
Florida Department of Transportation..... 954-777-4302
Alzheimers Research and Treatment Center - Complimentary Memory Evaluations 561-209-2400

Please call any of the numbers above, or contact me, Roz, for other resources you may need at 754-205-7283 and I will try to help.



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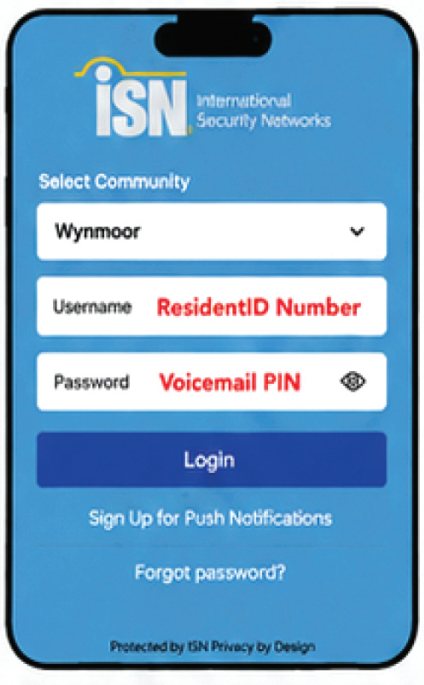
1 LOG IN

Select one more.

Community: **Wynmoor**

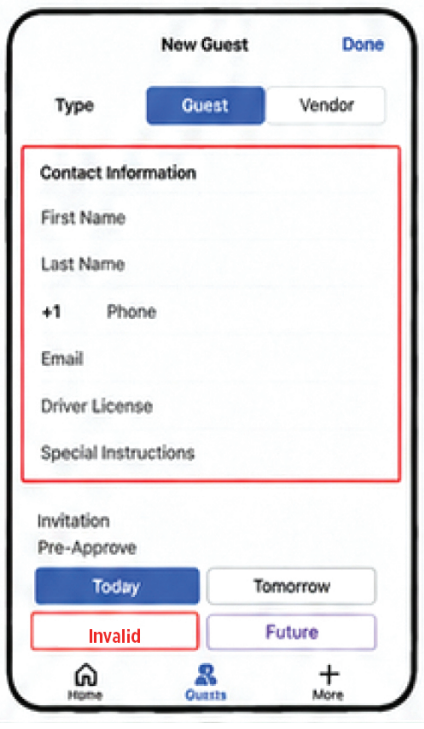
Username: **ResidentID Number**

Password: **Voicemail PIN**



2 ADD YOUR GUEST

Add your guest by entering their first name, last name, phone number and/or email.



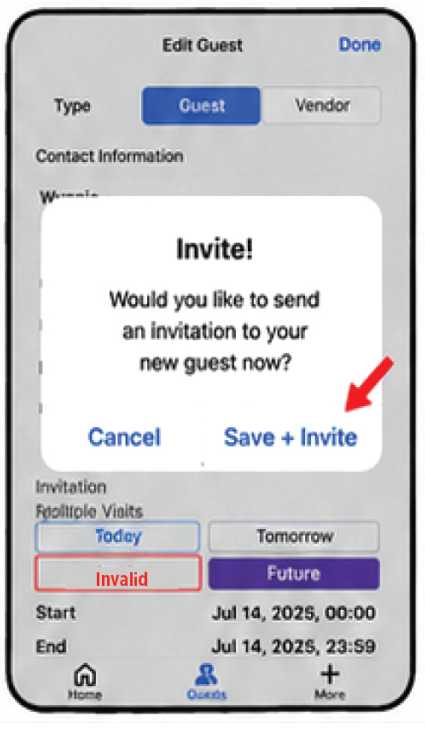
3 SELECT THEIR VISIT

Choose when your guest will arrive and how long they will be on the property.



4 SEND THE QR CODE

Tap **Done** and then **Save + Invite.**



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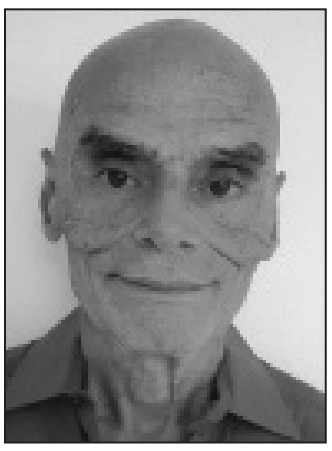
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Wynmoor COMMUNITY COUNCIL

HEALTH



‘Tis The Season for a Shot In The Arm…For Your Health

By Hillel Cohen, DrPH, MPH

Hurricane season is ending. Flu season is just beginning. In Florida, we take hurricanes seriously. When a hurricane warning goes out, our community leaders announce emergency protocols and we spring into action: we tie down pool furniture, stock up on supplies, put up shutters and make other preparations. Those in flood zones, or those concerned about prolonged power outages might consider evacuation. But when it comes to a flu warning, too many of us simply shrug it off. Each year as many as 40 to 45% of Floridians over 65 don’t get the flu vaccine, putting Florida near the bottom nationally—47th out of 50 states. Yet during the five years for which data are available, there were 70 times more deaths from flu than from hurricanes in Florida (see chart). Flu also results in far more emergency-room visits and hospitalizations.

Hurricane Vs. Flu Deaths in Florida

Year	Hurricane Deaths	Flu Deaths
2020	8	3,195
2021	5	2,842
2022	150	2,876
2023	12	2,864
2024	42	3,060
Total	**217**	**14,837**

Vaccination reduces the risk of getting the flu. And even when vaccinated people do get the flu, they are less likely to have severe illness. For most people, the flu can mean feeling miserable for three to seven days. Severe cases, however, can lead to hospitalization and long-term health problems, and sometimes death. A recent study also found evidence of what has been called *“long flu,”* similar to *“long COVID,”* in which symptoms such as fatigue, headaches, brain fog, cough and body aches can persist for weeks or even months.

1. There’s Still Time to Get Vaccinated

Flu season in Florida generally runs from October through May, with the greatest number of cases occurring from December through February. So, even if you haven’t gotten your flu shot yet, there is still time to protect yourself before the worst of the season arrives.

If you have Medicare or most other health insurance, you can get a flu shot at many major pharmacies, often without an appointment and without an out-of-pocket charge. Let the pharmacist know if you are 65 or older or have health conditions, since you may be eligible for a higher-dose, enhanced flu vaccine.

Serious, bad side effects from flu vaccination are rare and even mild ones, like a sore arm or headache, are not very common. But there might be a *good* side effect! Several studies have found an association between regular flu vaccination and a lower risk of dementia and Alzheimer’s disease among older adults. One recent study found an even lower risk of Alzheimer’s dementia among older adults who received the enhanced flu vaccine compared with those who received the standard vaccine. The reason for the association of flu vaccinations with lower Alzheimer and dementia risk is not known. Some researchers have suggested that flu vaccination might strengthen the overall immune system and reduce inflammation. Whatever future research may show, getting a flu vaccine is considerably easier—and usually far less disruptive—than preparing for a hurricane. The flu warnings have already arrived. Don’t put off your vaccination any longer!

2. Flu Isn’t the Only Respiratory Threat

Flu is the most common of the deadly respiratory infections, but it is not the only one we need to consider. **COVID-19** is still circulating, even though vaccination and other measures helped bring the worldwide pandemic emergency under control. Nonetheless, just last year there were over 200,000 cases of COVID in Florida, of whom about 2,500 died. COVID vaccines reduce the risk of severe illness, hospitalization and death. Experts recommend a booster shot every six months. Because the virus continues to evolve, vaccine formulations are periodically updated to target strains that are currently circulating. Ask your doctor or pharmacist which COVID vaccine schedule is appropriate for you.

Respiratory syncytial virus (RSV) is less familiar to many people and generally less widespread than COVID-19, but severe RSV can be especially dangerous for older adults and others at higher risk. If you have not received an RSV vaccine and are eligible, talk with your doctor or pharmacist about whether you should get one. For most people, RSV vaccination is currently a one-time vaccination rather than an annual shot.

Pneumonia. Vaccines are also available to protect against various strains of pneumonia. Several pneumococcal vaccines are available in the United States. The most commonly recommended one for older Florida adults is PCV21. The appropriate vaccine depends on factors such as age, health history and which pneumococcal vaccines you may have received previously. So, ask your doctor or pharmacist which option is right for you.

3. Protect Yourself—and Your Neighbors

As the holidays approach, our seasonal friends and neighbors will be returning to Wynmoor. More people arriving from more places means more opportunities for respiratory infections to spread. Holiday parties and family gatherings will bring many of us into closer contact. Spreading good cheer doesn’t have to mean spreading infection. We can enjoy the holidays while taking reasonable steps to protect ourselves, our relatives and our neighbors.

‘Tis the season to be jolly… and vaccinated.

Hillel Cohen, a Wynmoor resident, is a Doctor of Public Health and Clinical Professor of Epidemiology and Population Health at a medical school where he teaches physicians how to analyze data and evaluate evidence. He is an author of over 200 papers published in peer-reviewed medical and public health journals.

Donald Buikus
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TUESDAY, DECEMBER 8
KC 70's FLASHBACK



TUESDAY, JANUARY 12
BEE GEES



TUESDAY, FEBRUARY 9
PIANO MEN
BILLY & ELTON



TUESDAY, MARCH 16
QUEEN

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WE'VE GOT YOU COVERED!

JOIN US FOR Bingo EVERY THURSDAY NIGHT!



We offer transportation to our weekly Thursday Night Bingo! Hop on and enjoy a fun night with friends and neighbors.



THURSDAY NIGHT BINGO PICK-UP SCHEDULE

BUS #1

BUILDING (VILLAGE)	PICK-UP TIME
4301 to 4701 Martinique	5:00 PM
2801 to 2905 Victoria	5:10 PM
3101 to 3102 Portofino II	5:15 PM
3301 to 3306 Aruba	5:20 PM
3401 to 3502 Bimini	5:25 PM
1903 to 1905 Bermuda	5:30 PM
1805 to 1801 Eleuthera	5:35 PM
1901 to 1902 Bermuda	5:40 PM

BUS #2

BUILDING (VILLAGE)	PICK-UP TIME
2101 to 2301 Lucaya	5:00 PM
2401 to 2405 Antigua	5:10 PM
2501 to 2505 Antigua	5:15 PM
Nassau	5:20 PM
Bahama	5:25 PM
1701 to 1705 Andros	5:30 PM
1601 to 1605 Abaco	5:35 PM
1501 to 1503 Cayman	5:40 PM

RESIDENTS SHOULD BE OUTSIDE AT LEAST 15 MINUTES PRIOR TO SCHEDULED PICK-UP TIME.

RETURN DROP-OFFS BEGIN AFTER THE EVENT CONCLUDES. THE BUS WILL BE WAITING IN THE PARKING LOT.

WYNMOOR
A LIFESTYLE WORTH LIVING

Thank you, AND WE LOOK FORWARD TO SEEING YOU!

QUESTIONS? PLEASE CALL
954-968-2504



Wednesday Night Pool Tournaments

September Weekly 8 & 9 Ball Events

Every Tuesday Ladies Mzcues 3:00 to 5:00 p.m., Wednesday Handicapped 8 or 9 Ball open tournament to all residents 6:30 to 8:00 p.m.



9-2-2026
9 Ball Round Robin Winners out of 14 Players
1st Place Franco (center), tie for 2nd Place left Andrew, right Rich



9-8-2026
Scotch Doubles 8 Ball Tournament.
Great fun turn out of 28 players, 14 pairs of men & women. Men learn to teach, while ladies learn some. All working together, socializing, having a great time! Pizza Party afterwards with over 40 pool hustlers. Music by Linda & Joel Fishman. They love playing for events & always do a great job.



9-9-2026
8 Ball Round Robin, 12 players.
1st Place Richard, 2nd Place Shani

9-16-2026
Round Robin 9 Ball Race to 5, ties for 1st & 2nd Place.
Center L to R 1st Place, Tony & Bob, then continuing with 2nd Place Yankie & Bill



9-23-2026
8 Ball Round Robin race to 6.
Bob seems to be holding on to 1st Place (center), while tie for 2nd Place L to R Ernesto & Fast Edy



9-30-2026
Round Robin 8 Ball race to 6.
Bob (center) holding on to 1st Place with Wrey (left), and Ernesto (right) for 2nd Place

TEA TIME



Do you have items you'd like to discuss with leadership in person?

You'll have the opportunity to meet and speak with Wynmoor Administrator **Bruce Bandler**, Council Officers—including **President Jackie Railey**—and members of the Wynmoor Department staff.

Wednesdays at the Country Club Library

3:00 PM - 4:00 PM

A LITTLE OF YOUR TIME CAN MAKE A *Big Difference!*

SOUTH FLORIDA JEWISH ACADEMY — DEDICATED TO ACADEMIC EXCELLENCE

South Florida Jewish Academy
(across from Wynmoor) is seeking volunteers to learn one-on-one with students or other opportunities.



WHEN?
Monday – Friday, between
10:00 am – 3:00 pm for 1 hour at a time.

WHAT?
Subjects include Math, English, Reading in Hebrew and English.

WHERE?
3700 Coconut Creek Pkwy

HOW? To volunteer, please call
954-427-7788
and speak to Miss Meryl.

You can make a difference in the life of a child.

WYNMOOR BRIDGE CLUB
INVITES YOU TO

PLAN FOR A GREAT EVENING

New Year's Eve

What would you think about a fantastic catered buffet dinner, plus door prizes, followed by a fun evening of whatever table game you play?

Canasta • Mahjong • Rummy Q • Chess • Scrabble
You name it!

Sound good?

$40
NO TIPS
NO TAX

THURSDAY
DECEMBER 31
2026

EAST WING
AT WYNMOOR

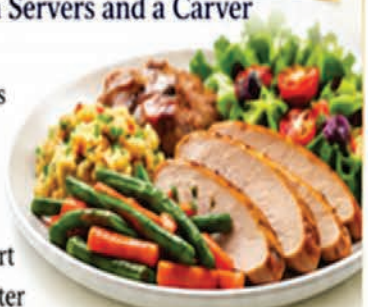
6:00 PM
Doors Open
Hors d'oeuvres on your table (BYOB)

6:30 PM
Caterer's Buffet Service Begins

Great Food
Great Games
Great Company

DELICIOUS BUFFET DINNER
Served with Servers and a Carver

- Garden Salad
- Rice and Vegetables
- Roast Pork
- Carved Turkey
- Snapper
- Scrumptious Dessert
- Coffee, Tea and Water



FUN & GAMES AFTER DINNER
Play the game you love!

Canasta
Mahjong
Rummy Q
Chess
Scrabble
And more!

DOOR PRIZES
Your free door prize ticket might be one of the lucky ones to win a cash or gift prize!

A TOAST TO THE NEW YEAR
At the end of the evening we will toast to a happy and healthy
2027!

TICKET SALES
Every Wednesday from 2 to 4 PM in the Library at the Club House
Starting October 7 until December 17

Also available in the East Wing every Tuesday and Friday afternoon from noon to 12:30 PM.
Limited space in the East Wing, so get your reservations in early!

It's not too soon to make your plans for New Year's Eve.

Let's usher in 2027 together!

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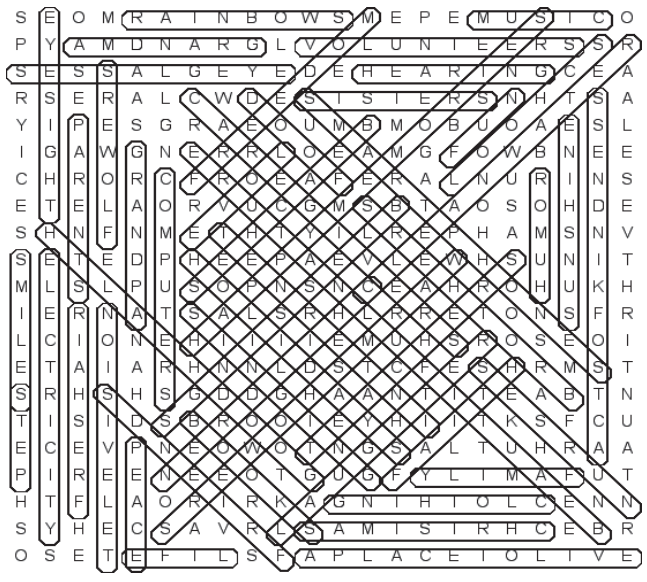
Puzzles and Games

Solutions from page 28

Crossword Puzzle

S	H	A	R	P	■	E	F	F	S	■	V	A	N	E
H	O	T	E	L	■	N	O	O	K	■	E	X	E	S
A	L	O	N	E	■	F	U	R	Y	■	G	I	R	T
H	E	P	T	A	G	O	N	A	L	■	E	A	V	E
■	■	■	■	T	U	R	D	■	A	N	T	L	E	R
M	A	I	M	■	I	C	E	■	B	O	A	■	■	■
A	C	R	E	■	S	I	R	S	■	A	B	Y	S	S
S	H	O	R	T	E	N	■	A	T	H	L	E	T	E
H	E	N	C	E	■	G	O	S	H	■	E	T	A	T
■	■	■	A	R	C	■	U	S	E	■	S	I	B	S
S	I	E	N	N	A	■	T	A	T	S	■	■	■	■
H	O	S	T	■	S	U	R	F	A	C	T	A	N	T
A	N	T	I	■	A	L	A	R	■	R	A	D	I	O
V	I	O	L	■	V	E	G	A	■	E	R	A	T	O
E	C	C	E	■	A	X	E	S	■	W	O	R	S	T

Thankful For



The hidden sentence is: SOME PEOPLE ARE ALWAYS GRUMBLING BECAUSE ROSES HAVE THORNS; I AM THANKFUL THAT THORNS HAVE ROSES.

Sudoku

6	3	7	9	5	4	1	2	8
5	9	2	8	1	3	6	7	4
1	4	8	2	7	6	3	5	9
4	5	3	1	2	7	9	8	6
7	1	6	4	8	9	5	3	2
8	2	9	6	3	5	4	1	7
9	7	1	5	6	2	8	4	3
2	6	5	3	4	8	7	9	1
3	8	4	7	9	1	2	6	5



Trivia • Trivia

What is the meaning of "fn" on your computer keyboard?
Answer: Function

*****

How many folds are in a chef's hat?
Answer: 100

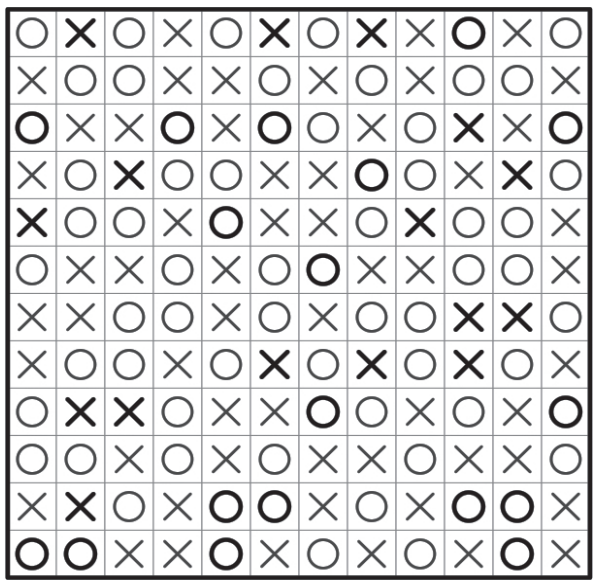
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Who was the highest-paid athlete in 2022?
Answer: Lionel Messi

*****

What color is a giraffe's tongue?
Answer: Black or Dark Purple

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Please report lost/found items to security.
If you find an item, kindly return it to one of these nearby locations:

- Clubhouse Business Center
- Security Headquarters
- Administration Office
- Recreation Area



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GRAND BALLROOM
7:00 to 10:00 PM

Doors Open at 6:30 PM

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